



UNIVERSITÀ
CATTOLICA
del Sacro Cuore



INTERNATIONAL PROGRAMMES

Study and work abroad with Cattolica International



**Faculty of
Medicine and
Surgery**

goabroad.unicatt.it

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Have you ever thought about an international experience while studying at Cattolica?



Check our website to see which programmes are currently open



Attend our informative sessions



Get ready to go!



Complete your online application and upload the required documents



All students taking part in an international programme are covered by an insurance policy



The first time you take part in a Cattolica International programme, you will receive 1 extra ECTS credit in your study plan for International Activities

Become a Worldbounder!

Have you taken part in a study programme, internship, or volunteering experience abroad with Cattolica International?

Then you are already a Worldbounder: the community of globally minded students with no boundaries.



How to continue your international journey after coming back?

Events & Promotion

Share your experience by joining:

- Info sessions for future outbound students
- Welcome Days and orientation activities for incoming international students
- Events and community meet-ups

Buddy Programme

Would you like to meet students from all over the world?

With the Buddy Programme, you can support one or more international students who choose Università Cattolica for their studies.

- Help them discover the University, the city, and Italian culture
- Make new friends and expand your international network
- Improve your language and intercultural skills in a natural, engaging way
- More information:



Cattolica International Badge

By taking part in these activities, you can earn the Cattolica International Badge: a digital certification that recognises and highlights your intercultural, language, and professional skills gained through international programmes and campus activities.



Work with Us

StudentWork@Educatt

Would you like to work part-time while studying? With StudentWork@Educatt, you can collaborate with the International Office and gain professional experience in a dynamic and international environment.

- Exclusive opportunity for UC students
- Fixed-term contract, compatible with classes and study commitments
- Valuable work experience for your future career
- Send your CV to:

info.outbound@unicatt.it

- Learn more:



500+ destinations*

3100+ participants
in the AY
2024-2025

1800+ scholarships
awarded in the AY
2024-2025

America**

- Canada**
 - University of Toronto
- United States**
 - Boston University
 - Harvard University
 - Stanford University
 - UC Berkeley
 - UCLA
 - University of Pennsylvania
 - Yale University
- Brazil**
 - Universidade de São Paulo
- Argentina**
 - Pontificia Universidad Católica Argentina

Africa**

- Egypt**
 - The American University in Cairo
- South Africa**
 - Stellenbosch University

Europe**

- Belgium**
 - Université Catholique de Louvain
 - University of Ghent
- Germany**
 - Freie Berlin Universität
 - Frankfurt School of Finance
- Ireland**
 - University College Dublin
- The Netherlands**
 - Universiteit Van Amsterdam
 - Universiteit Maastricht
- United Kingdom**
 - London School of Economics
 - University College London
 - University of Southampton
- France**
 - Sorbonne Université
 - ISC Paris School of Management
- Spain**
 - Universitat de Barcelona
 - Universidad Complutense de Madrid
- Portugal**
 - Universidade Católica Portuguesa
 - Universidade Nova de Lisboa

Asia**

- Japan**
 - Tohoku University
 - Waseda University
- South Korea**
 - Korea University
- China**
 - BLCU
 - Fudan University
 - Shaanxi Normal University
- Taiwan, China**
 - National Taiwan University

Oceania**

- Australia**
 - The Australian National University
 - University of Melbourne
 - University of Technology Sydney
 - University of Western Australia
- New Zealand**
 - Victoria University of Wellington

* Countries in blue: Cattolica International programme destinations

** In the red cards examples of partner universities

Semester Abroad & Double Degrees

Why spend a semester abroad or pursue a Double Degree?

It's a life-changing experience

Challenge yourself with a unique opportunity to live abroad

Learn to speak a second language as if it were your first



DOUBLE DEGREE

STUDY ABROAD



EXCHANGE

ISEP



FREE MOVER

ERASMUS+



OVERSEAS

SEMESTER ABROAD Exchange (Erasmus+ Overseas)



The Exchange programme (Erasmus+ & Overseas) allows Università Cattolica students to apply for a semester or an academic year abroad at one of the European destinations within the Erasmus+ network or at one of the non-European Overseas partner universities.



Recognition of exams/credits

Exams taken abroad can be officially recognised in your study plan.



When to apply

Applications open once a year, in October/November for departure in the next academic year.



Who can apply

All Università Cattolica students enrolled at the time of application and departure* are eligible. The number of places available for each destination is limited, and selection is based on the merit ranking defined by each Faculty.



Where can I go

Discover all available destinations on our website or on the last pages of this brochure.



Costs & scholarships

Scholarships are available for all participants. Exchange students are exempt from paying tuition fees at the host university. All living costs abroad remain the responsibility of the student.



Language requirements

Each destination has its own language requirement, which must be met at the time of application.

* Subject to restrictions outlined in the official programme regulations.

SEMESTER ABROAD

Free Mover



The Free Mover programme allows students to apply to universities (both within and outside Europe) that have an Erasmus+ or Overseas agreement with their Faculty, and spend a semester studying at the selected host university.

Through the Free Mover programme, students can choose the courses that interest them from the host university's academic offer, request official recognition of the exams as equivalent at Università Cattolica, and access all university services, just like Exchange (Erasmus+ & Overseas) students.



When to apply

Applications open twice a year, following the publication of the Exchange (Erasmus+ & Overseas) ranking lists.



Where can I go

Potential destinations are the same as those for the Exchange (Erasmus+ & Overseas) programme, but not all partners accept Free Movers. Please follow the guidelines in the programme regulations to identify available destinations.



Requirements

There are no specific prerequisites for this programme, but students must meet the admission criteria set by the host university.



Costs

Tuition fees and all living expenses abroad are the responsibility of the student.



DOUBLE DEGREES

These programmes allow students to complete part of their academic studies at Università Cattolica and part at a partner university abroad, obtaining a degree recognised both in Italy and in the host country.

This highly international qualification ensures strong language skills and excellent employability prospects in a global job market.

Thomas
Jefferson
University
Stati Uniti

IELTS Preparation Courses

Why prepare for an IELTS certification?

Because international certifications are required for admission to undergraduate and postgraduate programmes in Italy and abroad, as well as for public competitions

Because international certifications allow you to apply for Cattolica International programmes and may give you a higher ranking score

Because achieving a good score requires a specific course designed to prepare you for the exam



IELTS PREPARATION COURSES

Available in person/online



Cattolica International offers English language courses designed to prepare students for the international IELTS certification. Obtaining this certification allows you to apply for international programmes.



Who can apply

The courses are open to all students and recent graduates (up to 12 months after graduation) from all Faculties.



When to apply

Application deadlines vary depending on the course format (semester or intensive):
September–November and January–May.



When do courses take place

Courses are offered in two formats and are available both in the first and second semester:

- **Semester course:** two lessons per week, for a total of 40 contact hours. Courses start in September and February.
- **Intensive course:** two lessons per week for one month, for a total of 32 contact hours.



Key Benefits

- **Flexibility:** courses are offered both online and in person
- **Intensive learning:** a real boost for your English
- **Interaction:** constant engagement with your teacher and classmates
- **Skill development:** deepen your English knowledge and acquire the specific skills you need to succeed in the IELTS exam: Listening, Reading, Writing & Speaking

Short programmes

Why choose a short-term programme abroad?

Because it offers a gradual approach, lasting just a few weeks, allowing you to experience student life abroad

Because you can take part during the summer period

Because these programmes can easily fit alongside your academic commitments and study plan

To strengthen your ability to adapt to different contexts and intercultural situations

To develop essential intercultural soft skills that are highly valued in the workplace



THESIS
ABROAD



SUMMER
PROGRAMMES



VOLUNTEERING



LANGUAGE COURSES ABROAD

Customised Courses – Keiron Education

Available in person / online



In collaboration with Keiron Education, an agency specialising in guidance and organisation of language courses, Cattolica International helps you choose the language course abroad that best suits your needs.



Start dates and programme duration

Choose your preferred start date and course duration (from 2 weeks to 6 months).

Courses available in: **English, French, German, Spanish**



Key Benefits

- Courses available at **all levels**, from beginner to advanced
- **Standard or intensive courses**, individual or group, online or in person
- **Preparation** for international certifications
- Courses **tailored to your Faculty**
- Option to book **different types of accommodation**



Who can apply

Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.



When to apply

Applications are always open, and you can register up to one month before departure. Check the website or contact Keiron Education at info@keiron-education.com to book an appointment and select the most suitable language course for you.

SUMMER PROGRAMMES

Available in person



Summer Programmes offer the opportunity to spend from 2 to 8 weeks abroad during the summer. At one of our partner universities, you will be able to select courses and request official recognition of your exams.



Start dates and programme duration

Start dates and programme duration vary depending on the destination, but all courses run between May and August and last between 2 and 8 weeks.



Who can apply

Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.



When to apply

Applications open: from December for some programmes and from January for all destinations.

Applications close: deadlines vary depending on the destination and generally fall between February and April.



Key Benefits

- **Scholarships available**, awarded on the basis of academic merit, for all destinations
- A unique opportunity to experience a **top-tier university** such as: Stanford, Harvard, Yale, UCLA, UC Berkeley, London School of Economics and many more
- **Intensive programmes** that allow you to earn credits in just a few weeks and get ahead in your study plan
- **All-inclusive package**: support during the application process, courses, official transcript with grades, and for some programmes, room and board
- **TOEFL and IELTS** are not always mandatory

INTERNATIONAL VOLUNTEERING

Available in person



The International Volunteering programme allows you to take part first-hand in cooperation, development, and support projects within local communities.

Destinations include Europe, Asia, Africa, and Latin America.



Who can apply

Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.

No previous volunteering experience is required, but you must demonstrate a good knowledge of English. A language certificate is not mandatory.



When to apply

Applications are **open** from November to March.



Start dates and programme duration

Projects can last 2, 3, or 4 weeks, depending on your choice, with departures in July and August.



Key Benefits

- Depending on your studies and interests, you can **choose the area** of volunteering:
 - » Childcare & Teaching
 - » Community & Women's Development
 - » Environmental & Wildlife Conservation
 - » Health Education
 - » Sustainable Agriculture
- **Scholarships available**, awarded on the basis of academic merit
- The programme can be **recognised** as a **curricular internship**
- The cost of the programme includes a **full package**: pre-departure orientation and support, assistance during the registration phase, 24/7 emergency number during your stay, local coordinator, airport pick-up service, accommodation, health insurance for the entire programme duration, Safety App, and participation certificate
- International volunteering is a unique opportunity to **challenge yourself** and **enrich your CV** with an authentic and meaningful experience

THESIS ABROAD

Available in person



The Thesis Abroad programme offers scholarships to support students (Bachelor's and Master's) from all Faculties who have independently identified an international opportunity to carry out research in preparation for their final thesis.



Who can apply

Open to students completing their Bachelor's or Master's degree in any Faculty and campus.

To apply, students must provide:

- A document confirming the thesis topic has been submitted
- A reference letter from their Università Cattolica supervisor on official letterhead
- An acceptance letter from the host institution



When to apply

Applications are always open, but must be completed at least one month before the planned start date.



Start dates and programme duration

There are no fixed dates: students can leave whenever they wish, after agreeing on timing with their Università Cattolica supervisor and the host institution.



Key Benefits

- **Flexibility**: there is no predefined list of destinations. Each student, in agreement with their Università Cattolica supervisor, can choose the destination best suited to their thesis research (universities, libraries, research institutes, NGOs, companies).
- **Quick start**: the programme can be set up quickly, allowing students to include an international research experience before graduation.
- **Scholarships**: grants are available for up to 3 months for all eligible students, subject to availability of funds. Monthly allowance for 2024/25: €300.

Internship Abroad

Why choose an internship abroad?

Because it strengthens the soft skills most valued by employers: adaptability, flexibility, and time management

Because it gives you real insight into what you want to do after graduation and builds your ability to work in multicultural teams

Because it improves your ability to communicate in a foreign language, including in a professional setting

Because it makes your CV stand out and reflect your unique path



**YOUR
CLINICAL
ELECTIVES**



**VSLO INTERNSHIP
PROGRAMME**



CLINICAL AND RESEARCH ELECTIVES NETWORK



Available in person

This programme allows students to apply to EU and non-EU partner universities to carry out an international internship and/or research project.



When to apply

Applications are open twice a year:

October–November: for departure in the 1st semester of the following academic year (Dentistry and Dental Prostheses, Pharmacy, and health professions degrees).

March–April: for departure in the 2nd semester of the following academic year (Medicina e Chirurgia in Italian, Medicine and Surgery in English, Pharmacy, and health professions degrees).



Who can apply

The programme is open to students who are regularly enrolled at Università Cattolica at the time of application and throughout their stay abroad.



Restrictions

- Medicine and Surgery (English) and Medicina e Chirurgia (Italian): students may apply in their 2nd year for departure in the 3rd year.
- Pharmacy: students may apply in their 3rd year for departure in the 4th year.



Key Benefits

- **Scholarships** are available, ranging from €400 to €500 per month
- **Internship credits** may be recognised

YOUR CLINICAL ELECTIVES

Available in person



This programme offers students the opportunity to undertake an international internship at EU or non-EU healthcare companies and hospitals, chosen independently by the participants.



Who can apply

The programme is open to current enrolled students and recent graduates (within 12 months of graduation) from the Faculty of Medicine and Surgery, who have independently arranged a host institution abroad for clinical practice or research.



When to apply

Applications are open year-round. However, students are responsible for checking visa processing times and entry requirements for their chosen destination.



Start dates and programme duration

There are no fixed dates. The programme can take place at any time, provided both Cattolica International and the host institution agree.



Key Benefits

- **Flexibility:** no limit on the number of places and no predefined list of destinations
- **Scholarships** are available for all participants, while funds last
- **Programme credits** may be recognised

VSLO

INTERNSHIP PROGRAMME

Available in person



This programme is offered in partnership with the AAMC-VSLO Network (Visiting Student Learning Opportunities). It gives students the opportunity to undertake internships at prestigious healthcare facilities in the United States and around the world.



Who can apply

The programme is open to students enrolled in the Single-cycle Degree Programmes in Medicina e Chirurgia (Italian) and Medicine and Surgery (English) who wish to undertake clinical practice or research abroad.



When to apply

Applications are open year-round. Students are responsible for checking visa processing times and entry requirements for their chosen destination.



Start dates and programme duration

There are no fixed dates. The programme can take place at any time, provided both Cattolica International and the host institution agree.



Key Benefits

- Access to a **wide network of destinations in the US**
- **Scholarships** are available for all participants, while funds last
- **Programme credits** may be recognised

CUSTOMISED INTERNSHIP

Available in person



The Customised Internship programme, in partnership with international providers, offers students the opportunity to take part in an international internship lasting 8 to 12 weeks in cities around the world, with the possibility of credit recognition.

Destinations include Europe, the United States, Asia, Latin America, and Australia.



Who can apply

- Open to students and recent graduates (up to 12 months after graduation) from all Faculties.
- No previous work experience in the chosen field is required
- B2 level of English is required
- Only some destinations require an official IELTS certificate



When to apply

The programme is offered four times a year, and applications must be submitted approximately three months before the chosen start date:

- For departures in March/April: apply by December
- For departures in June/July: apply by March
- For departures in September/October: apply by June
- For departures in December/January: apply by September



Start dates and programme duration

Internships last 8 or 12 weeks, depending on the student's choice.

Possible start periods: September/October, March/April, and June/July.



Key Benefits

- **Scholarships available**, awarded on the basis of academic merit
- **Freedom to choose** your field, city, and preferred period
- Opportunity to work in **small and medium-sized enterprises**
- Possibility to have **credits officially recognised** as a **curricular internship**
- Chance to take part in a **real recruitment process** with international companies and gain **professional experience before graduation**
- **All-inclusive package:** pre-departure orientation and support, CV and interview preparation, dedicated assistance during the internship application and approval process, 24/7 emergency contact, health insurance and Safety App for the duration of the programme, accommodation arrangements, and local support

Virtual International Programmes

Why choose a virtual programme?

To enjoy an international experience without leaving home

Total flexibility – easily fits around your university schedule

International networking – connect with students, lecturers, and companies from around the world

Future-ready skills – develop autonomy, time management, and digital skills valued by employers

A modern approach – experience collaboration methods already used in the professional world

Inclusive – accessible to those who cannot travel for economic or personal reasons



COIL

VIRTUAL EXCHANGE PROGRAMMES



VIRTUAL INTERNSHIP



VIRTUAL INTERNSHIP



This programme offers the opportunity to carry out an international internship entirely remotely, with small and medium-sized enterprises or multinational companies, selected according to the student's area of interest and preferred destination.



Who can apply

- Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.
- B2 level of English required
- No previous work experience in the chosen field is required



When to apply

Applications are always open. Application must be completed at least 6 weeks before the chosen start date.



Start dates

Internships start every Monday, and students can choose their preferred start date.



Key Benefits

- **Total flexibility:** complete your entire internship remotely, aligning it with your academic schedule and career goals
- **Tailored to you:** full-time or part-time options, lasting 1 to 3 months, with a weekly commitment of 10 to 40 hours
- **Accessible to everyone:** ideal for those unable to travel for financial or personal reasons, while still offering a valuable international experience
- **Future-ready skills:** develop employability skills (problem-solving, adaptability, leadership) and intercultural competences highly valued in today's job market
- **Relevant and innovative experience:** gain skills related to new ways of working increasingly used by international companies
- **No bureaucracy:** collaborate with companies worldwide without additional paperwork or extra costs
- **Academic value:** credits can be recognised as a curricular internship





Available destinations



for your
Faculty

The destinations listed in the following pages are subject to changes, additions, and cancellations. Please check the most up-to-date list on the website. —>



Semester Abroad

Exchange (Erasmus+/Overseas)

Denmark

- Aarhus University

France

- Université Claude Bernard - Lyon
- Université de Paris

Germany

- Humboldt-Universität Berlin
- Westfälische-Wilhelms-Universität Münster
- Ludwig-Maximilians-Universität (LMU) München

Portugal

- Universidade de Lisboa
- Universidade do Minho

United Kingdom

- Cardiff University - School of Medicine

Slovakia

- Pavol Jozef Šafárik University in Košice

Spain

- Universidad de Cadiz
- Universidad de Granada

- Universidad de Salamanca

- Universidad de Valladolid

- Universidad Católica San Antonio de Murcia

Switzerland

- Université de Lausanne

Clinical and Research Electives Network

Argentina

- Instituto italiano de Rosario Fundación H.A. Barceló Instituto Universitario de Ciencias de La Salud

Belgium

- Katholieke Universiteit Leuven (BE)

Chile

- Universidad de Los Andes

Colombia

- Universidad de La Sabana

Finland

- University of Oulu

France

- Université Catholique de Lille (FR)
- Université Claude Bernard LYON 1

Germany

- Leibniz-Institut für Analytische Wissenschaften - Dortmund
- Evangelische Hochschule Berlin

Mexico

- Universidad de Monterrey

Portugal

- Universidade Católica Portuguesa - Viseu
- Universidade do Algarve - Faro
- Universidade do Minho

Slovakia

- Pavol Jozef Šafárik University in Kosice (SK).

Spain

- Universidad Alfonso X "El

- Sabio" - Madrid

- Universidad de Castilla - La Mancha

- Universidad Católica de Valencia San Vicente Mártir
- Universidad de Cadiz

Sweden

- University West - Trollhattan

Switzerland

- Université de Lausanne
- Berner Fachhochschule
- Scuola Universitaria professionale della Svizzera italiana

Hungary

- Semmelweis University - Budapest

United States

- Thomas Jefferson University

Customised Internship

Australia

- Melbourne

China

- Shanghai

Colombia

- Medellin

France

- Paris

Hong Kong

- Hong Kong

Ireland

- Dublin

Japan

- Tokyo

Portugal

- Lisbon

South Korea

- Seoul

Spain

- Barcelona

- Madrid

Sweden

- Stockholm

United Kingdom

- London

United States of America

- New York

Summer Programmes

China

- Fudan University - Shanghai

France

- Paris School of Business - Paris

Spain

- ESADE - Barcelona

United Kingdom

- King's College London - London
- London School Of Economics - London
- University College London - London
- University Of Warwick - Coventry

United States of America

- Boston University - Boston
- Fordham University - New York
- Harvard University - Cambridge
- Stanford University - Palo Alto
- UC Berkeley - Berkeley
- UCLA - Los Angeles
- Yale University - New Haven

International Volunteering

Costa Rica

- Atenas
- Samara

Guatemala

- Antigua

Indonesia

- Bali, Nusa Penida

Portugal

- Lisbon

Peru

- Cusco

South Africa

- Capetown

- Kruger Park

Sri Lanka

- Kandy

Tanzania

- Arusha
- Zanzibar

Thailand

- Bangkok
- Koh Samui

Vietnam

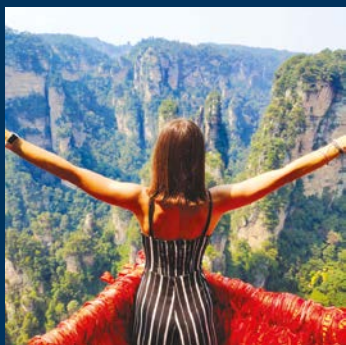
- Ho Chi Minh

Zambia

- Livingstone



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Global Engagement Università Cattolica del Sacro Cuore



MyCattolica

