



UNIVERSITÀ  
CATTOLICA  
del Sacro Cuore



# INTERNATIONAL PROGRAMMES

Study and work abroad with Cattolica International



**Faculty of  
Arts and Philosophy and  
Interfaculty Degrees**

[goabroad.unicatt.it](http://goabroad.unicatt.it)

# TABLE OF CONTENTS



## **3 Semester and Double Degree Programmes**

*Exchange (Erasmus+ & Overseas)  
Study Abroad  
ISEP Exchange  
Free Mover*

## **8 IELTS Preparation Courses**

## **10 Short Programmes**

*Language Courses Abroad  
Summer Programmes  
International Volunteering  
Thesis Abroad  
Faculty-Led Programmes  
Model United Nations*



## **17 Internships Abroad**

*Customised Internship  
Dublin: Language Course + Internship  
SteP Portal  
MAECI-CRUI Internship  
Italian Assistant Teacher*

## **23 Virtual International Programmes**

*Virtual Internship  
COIL*

## **26 Available destinations**

# Have you ever thought about an international experience while studying at Cattolica?



Check our website to see which programmes are currently open



Attend our informative sessions



Get ready to go!



Complete your online application and upload the required documents



All students taking part in an international programme are covered by an insurance policy



The first time you take part in a Cattolica International programme, you will receive 1 extra ECTS credit in your study plan for International Activities

## Become a Worldbounder!

Have you taken part in a study programme, internship, or volunteering experience abroad with Cattolica International?

Then you are already a Worldbounder: the community of globally minded students with no boundaries.



### How to continue your international journey after coming back?

#### Events & Promotion

Share your experience by joining:

- Info sessions for future outbound students
- Welcome Days and orientation activities for incoming international students
- Events and community meet-ups

#### Buddy Programme

Would you like to meet students from all over the world?

With the Buddy Programme, you can support one or more international students who choose Università Cattolica for their studies.

- Help them discover the University, the city, and Italian culture
- Make new friends and expand your international network
- Improve your language and intercultural skills in a natural, engaging way
- More information:



#### Cattolica International Badge

By taking part in these activities, you can earn the Cattolica International Badge: a digital certification that recognises and highlights your intercultural, language, and professional skills gained through international programmes and campus activities.



## Work with Us

#### StudentWork@Educatt

Would you like to work part-time while studying? With StudentWork@Educatt, you can collaborate with the International Office and gain professional experience in a dynamic and international environment.

- Exclusive opportunity for UC students
- Fixed-term contract, compatible with classes and study commitments
- Valuable work experience for your future career
- Send your CV to: [info.outbound@unicatt.it](mailto:info.outbound@unicatt.it)
- Learn more:



# 500+ destinations\*

3100+ participants  
in the AY  
2024-2025

1800+ scholarships  
awarded in the AY  
2024-2025

## America\*\*

- Canada**
  - University of Toronto
- United States**
  - Boston University
  - Harvard University
  - Stanford University
  - UC Berkeley
  - UCLA
  - University of Pennsylvania
  - Yale University
- Brazil**
  - Universidade de São Paulo
- Argentina**
  - Pontificia Universidad Católica Argentina

## Africa\*\*

- Egypt**
  - The American University in Cairo
- South Africa**
  - Stellenbosch University

## Europe\*\*

- Belgium**
  - Université Catholique de Louvain
  - University of Ghent
- Germany**
  - Freie Berlin Universität
  - Frankfurt School of Finance
- Ireland**
  - University College Dublin
- The Netherlands**
  - Universiteit Van Amsterdam
  - Universiteit Maastricht
- United Kingdom**
  - London School of Economics
  - University College London
  - University of Southampton
- France**
  - Sorbonne Université
  - ISC Paris School of Management
- Spain**
  - Universitat de Barcelona
  - Universidad Complutense de Madrid
- Portugal**
  - Universidade Católica Portuguesa
  - Universidade Nova de Lisboa

## Asia\*\*

- Japan**
  - Tohoku University
  - Waseda University
- South Korea**
  - Korea University
- China**
  - BLCU
  - Fudan University
  - Shaanxi Normal University
- Taiwan, China**
  - National Taiwan University

## Oceania\*\*

- Australia**
  - The Australian National University
  - University of Melbourne
  - University of Technology Sydney
  - University of Western Australia
- New Zealand**
  - Victoria University of Wellington

\* Countries in blue: Cattolica International programme destinations

\*\* In the red cards examples of partner universities



# Semester Abroad & Double Degrees

Why spend a semester abroad or pursue a Double Degree?

It's a life-changing experience

Challenge yourself with a unique opportunity to live abroad

Learn to speak a second language as if it were your first



DOUBLE  
DEGREE

STUDY  
ABROAD



EXCHANGE

ISEP



ERASMUS+

OVERSEAS



FREE MOVER

## SEMESTER ABROAD Exchange (Erasmus+ Overseas)



The Exchange programme (Erasmus+ & Overseas) allows Università Cattolica students to apply for a semester or an academic year abroad at one of the European destinations within the Erasmus+ network or at one of the non-European Overseas partner universities.



### Recognition of exams/credits

Exams taken abroad can be officially recognised in your study plan.



### When to apply

Applications open twice a year: in October/November for departures in the 1<sup>st</sup> semester of the following academic year, and in March/April for departures in the 2<sup>nd</sup> semester.



### Costs & scholarships

Scholarships are available for all participants. Exchange students are exempt from paying tuition fees at the host university. All living costs abroad remain the responsibility of the student.



### Who can apply

All Università Cattolica students enrolled at the time of application and departure\* are eligible. The number of places available for each destination is limited, and selection is based on the merit ranking defined by each Faculty.



### Language requirements

Each destination has its own language requirement, which must be met at the time of application.



### Where can I go

Discover all available destinations on our website or on the last pages of this brochure.

\* Subject to restrictions outlined in the official programme regulations.

# SEMESTER ABROAD

## Study Abroad



The Study Abroad programme allows Università Cattolica students to spend a semester or a full academic year at some of the most prestigious universities around the world.



### When to apply

Applications open twice a year: in October/November for departures in the 1<sup>st</sup> semester of the following academic year, and in March/April for departures in the 2<sup>nd</sup> semester.



### Who can apply

All Università Cattolica students enrolled at the time of application and departure\* are eligible. The number of places for most destinations is unlimited.



### Where can I go

Discover all available destinations on our website or on the last pages of this brochure.



### Recognition of exams/credits

Exams taken abroad can be officially recognised in your study plan.



### Costs & scholarships

Scholarships are available for all participants, subject to availability of funds.

Study Abroad students are required to pay an academic fee for the programme abroad, which varies depending on the destination, in addition to the costs related to their stay.



### Language requirements

Each destination has its own language requirement, which must be met at the time of application.

# SEMESTER ABROAD

## ISEP Exchange



Università Cattolica is part of the ISEP Exchange network, which offers students the opportunity to study around the world through more than 150 destinations.



### When to apply

Applications open twice a year: in October/November for departures in the 1<sup>st</sup> semester of the following academic year, and in March/April for departures in the 2<sup>nd</sup> semester.



### Who can apply

All Università Cattolica students enrolled at the time of application and departure\* are eligible. A limited number of students can be selected each semester.



### Where can I go

Discover all available destinations on our website or on the last pages of this brochure.



### Recognition of exams/credits

Exams taken abroad can be officially recognised in your study plan.



### Costs & scholarships

Scholarships are available for all participants, subject to availability of funds.

Students taking part in the ISEP Exchange programme are required to pay a fee of €6,000 (updated for the academic year 2025/26), which includes tuition fees for the semester abroad as well as room and board on campus. Some additional expenses remain the responsibility of the student – please check the detailed information on the programme webpage.



### Language requirements

Each destination has its own language requirement, which must be met at the time of application.

\* Subject to restrictions outlined in the official programme regulations.

\* Subject to restrictions outlined in the official programme regulations.

# SEMESTER ABROAD

## Free Mover



The Free Mover programme allows students to apply to universities (both within and outside Europe) that have an Erasmus+ or Overseas agreement with their Faculty, and spend a semester studying at the selected host university.

Through the Free Mover programme, students can choose the courses that interest them from the host university's academic offer, request official recognition of the exams as equivalent at Università Cattolica, and access all university services, just like Exchange (Erasmus+ & Overseas) students.



### When to apply

Applications open twice a year, following the publication of the Exchange (Erasmus+ & Overseas) ranking lists.



### Where can I go

Potential destinations are the same as those for the Exchange (Erasmus+ & Overseas) programme, but not all partners accept Free Movers. Please follow the guidelines in the programme regulations to identify available destinations.



### Requirements

There are no specific prerequisites for this programme, but students must meet the admission criteria set by the host university.



### Costs

Tuition fees and all living expenses abroad are the responsibility of the student.

# IELTS Preparation Courses

## Why prepare for an IELTS certification?

Because international certifications are required for admission to undergraduate and postgraduate programmes in Italy and abroad, as well as for public competitions

Because international certifications allow you to apply for Cattolica International programmes and may give you a higher ranking score

Because achieving a good score requires a specific course designed to prepare you for the exam



# IELTS PREPARATION COURSES

Available in person/online



Cattolica International offers English language courses designed to prepare students for the international IELTS certification. Obtaining this certification allows you to apply for international programmes.



## Who can apply

The courses are open to all students and recent graduates (up to 12 months after graduation) from all Faculties.



## When to apply

Application deadlines vary depending on the course format (semester or intensive):  
September–November and January–May.



## When do courses take place

Courses are offered in two formats and are available both in the first and second semester:

- **Semester course:** two lessons per week, for a total of 40 contact hours. Courses start in September and February.
- **Intensive course:** two lessons per week for one month, for a total of 32 contact hours.



## Key Benefits

- **Flexibility:** courses are offered both online and in person
- **Intensive learning:** a real boost for your English
- **Interaction:** constant engagement with your teacher and classmates
- **Skill development:** deepen your English knowledge and acquire the specific skills you need to succeed in the IELTS exam: Listening, Reading, Writing & Speaking

# Short programmes

## Why choose a short-term programme abroad?

Because it offers a gradual approach, lasting just a few weeks, allowing you to experience student life abroad

Because you can take part during the summer period

Because these programmes can easily fit alongside your academic commitments and study plan

To strengthen your ability to adapt to different contexts and intercultural situations

To develop essential intercultural soft skills that are highly valued in the workplace



THESIS  
ABROAD



SUMMER  
PROGRAMMES



VOLUNTEERING





# LANGUAGE COURSES ABROAD

## Customised Courses – Keiron Education

Available in person / online

In collaboration with Keiron Education, an agency specialising in guidance and organisation of language courses, Cattolica International helps you choose the language course abroad that best suits your needs.

Courses available in: **English, French, German, Spanish**

### Who can apply

Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.

### When to apply

Applications are always open, and you can register up to one month before departure. Check the website or contact Keiron Education at [info@keiron-education.com](mailto:info@keiron-education.com) to book an appointment and select the most suitable language course for you.



### Start dates and programme duration

Choose your preferred start date and course duration (from 2 weeks to 6 months).

### Key Benefits

- Courses available at **all levels**, from beginner to advanced
- **Standard or intensive courses**, individual or group, online or in person
- **Preparation** for international certifications
- Courses **tailored to your Faculty**
- Option to book **different types of accommodation**

# Chinese Language Courses – BLCU

Available in person

This programme allows students to attend Chinese language courses for international students at the Beijing Language and Culture University.

### Who can apply

Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.

### When to apply

The programme is offered three times a year. Applications must be submitted approximately 3 months before the desired start date:

- For courses starting in September/November: apply by May
- For courses starting in June/July/August: apply by March
- For courses starting in March/April: apply by the previous November



### Start dates and programme duration

Courses last between 1 and 4 months (student's choice) and start in March, April, July, August, September, and November.

### Key Benefits

- Courses available at **all levels**, from beginner to advanced
- **On-campus** accommodation
- **Standard or intensive courses**, small classes, interactive teaching methods

# SUMMER PROGRAMMES

Available in person

Summer Programmes offer the opportunity to spend from 2 to 8 weeks abroad during the summer. At one of our partner universities, you will be able to select courses and request official recognition of your exams.



### Who can apply

Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.



### When to apply

Applications open: from December for some programmes and from January for all destinations.

Applications close: deadlines vary depending on the destination and generally fall between February and April.



### Start dates and programme duration

Start dates and programme duration vary depending on the destination, but all courses run between May and August and last between 2 and 8 weeks.



### Key Benefits

- **Scholarships available**, awarded on the basis of academic merit, for all destinations
- A unique opportunity to experience a **top-tier university** such as: Stanford, Harvard, Yale, UCLA, UC Berkeley, London School of Economics and many more
- **Intensive programmes** that allow you to earn credits in just a few weeks and get ahead in your study plan
- **All-inclusive package**: support during the application process, courses, official transcript with grades, and for some programmes, room and board
- **TOEFL and IELTS** are not always mandatory



### Specialised Programme at Boston University in Interactive Marketing Communication, Public Relations and Events Management

Open to students from all Faculties, but primarily aimed at students in the following study areas, for which extra ECTS credits are awarded:

- Interfaculty Arts and Philosophy / Economics / Political and Social Science
- Linguistic Sciences and Foreign Literatures
- Political and Social Sciences – recommended for students in the “Scienze della Comunicazione” or “Comunicazione pubblica” curriculum
- Psychology – recommended for students in the “Organizzazione e Marketing” curriculum

# INTERNATIONAL VOLUNTEERING

Available in person



The International Volunteering programme allows you to take part first-hand in cooperation, development, and support projects within local communities.

Destinations include Europe, Asia, Africa, and Latin America.



## Who can apply

Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.

No previous volunteering experience is required, but you must demonstrate a good knowledge of English. A language certificate is not mandatory.



## When to apply

**Applications** are **open** from November to March.



## Start dates and programme duration

Projects can last 2, 3, or 4 weeks, depending on your choice, with departures in July and August.



## Key Benefits

- Depending on your studies and interests, you can **choose the area** of volunteering:
  - » Childcare & Teaching
  - » Community & Women's Development
  - » Environmental & Wildlife Conservation
  - » Health Education
  - » Sustainable Agriculture
- **Scholarships available**, awarded on the basis of academic merit
- The programme can be **recognised** as a **curricular internship**
- The cost of the programme includes a **full package**: pre-departure orientation and support, assistance during the registration phase, 24/7 emergency number during your stay, local coordinator, airport pick-up service, accommodation, health insurance for the entire programme duration, Safety App, and participation certificate
- International volunteering is a unique opportunity to **challenge yourself** and **enrich your CV** with an authentic and meaningful experience

# THESIS ABROAD

Available in person



The Thesis Abroad programme offers scholarships to support students (Bachelor's and Master's) from all Faculties who have independently identified an international opportunity to carry out research in preparation for their final thesis.



## Who can apply

Open to students completing their Bachelor's or Master's degree in any Faculty and campus.

To apply, students must provide:

- A document confirming the thesis topic has been submitted
- A reference letter from their Università Cattolica supervisor on official letterhead
- An acceptance letter from the host institution



## When to apply

Applications are always open, but must be completed at least one month before the planned start date.



## Start dates and programme duration

There are no fixed dates: students can leave whenever they wish, after agreeing on timing with their Università Cattolica supervisor and the host institution.



## Key Benefits

- **Flexibility**: there is no predefined list of destinations. Each student, in agreement with their Università Cattolica supervisor, can choose the destination best suited to their thesis research (universities, libraries, research institutes, NGOs, companies).
- **Quick start**: the programme can be set up quickly, allowing students to include an international research experience before graduation.
- **Scholarships**: grants are available for up to 3 months for all eligible students, subject to availability of funds. Monthly allowance for 2024/25: €300.

# FACULTY-LED PROGRAMMES

Available in person/online



Faculty-led programmes offer an intensive and flexible learning experience abroad, guided by a professor from your own university.



## Key Benefits

- **Highly targeted** and **well-structured** programmes
- **Fully integrated** into the academic curriculum
- Opportunity to **explore in depth topics** covered during your studies
- Classroom sessions enriched with complementary activities such as **company visits, workshops, and cultural initiatives**
- Possibility to have **credits officially recognised** and access scholarships



## Who can apply

Students enrolled in specific Bachelor's or Master's degree courses for which the programme is activated.



## Application and start dates

Dates vary depending on the destination.

# MODEL UNITED NATIONS

Available in person



The Model United Nations programme, organised in partnership with MUN-Italia (part of the MUN-Europe network), offers students the chance to take part in United Nations simulations.

The simulations are preceded by an online or in-person training course led by experts in the field.



## Who can apply

Students interested in learning more about how international organisations work and in developing skills useful for their academic and professional careers.



## When to apply

The programme takes place several times during the year. Places are limited, so early registration is recommended.

Applications must be submitted directly via the official website: [www.mun-italia.it](http://www.mun-italia.it)



## When do simulations take place

Sessions are held in various European and US cities, between 2025 and 2026 (e.g. Brussels, Berlin, Malta, Paris, Rome, Washington DC & New York).

Updated dates are available on the official website.



## Key benefits

- Gain **first-hand knowledge** of how the United Nations works
- **Develop transferable skills:** public speaking, negotiation, teamwork, and problem-solving
- **Strengthen key academic skills:** research, analysis, and academic writing
- Enjoy an **immersive experience** in an international environment

# Internship Abroad

## Why choose an internship abroad?

Because it strengthens the soft skills most valued by employers: adaptability, flexibility, and time management

Because it gives you real insight into what you want to do after graduation and builds your ability to work in multicultural teams

Because it improves your ability to communicate in a foreign language, including in a professional setting

Because it makes your CV stand out and reflect your unique path



INTERNSHIP  
ABROAD



ITALIAN  
ASSISTANT  
TEACHER



# CUSTOMISED INTERNSHIP

Available in person



The Customised Internship programme, in partnership with international providers, offers students the opportunity to take part in an international internship lasting 8 to 12 weeks in cities around the world, with the possibility of credit recognition.

Destinations include Europe, the United States, Asia, Latin America, and Australia.



## Who can apply

- Open to students and recent graduates (up to 12 months after graduation) from all Faculties.
- No previous work experience in the chosen field is required
- B2 level of English is required
- Only some destinations require an official IELTS certificate



## When to apply

The programme is offered four times a year, and applications must be submitted approximately three months before the chosen start date:

- For departures in March/April: apply by December
- For departures in June/July: apply by March
- For departures in September/October: apply by June
- For departures in December/January: apply by September



## Start dates and programme duration

Internships last 8 or 12 weeks, depending on the student's choice.

Possible start periods: September/October, March/April, and June/July.



## Key Benefits

- **Scholarships available**, awarded on the basis of academic merit
- **Freedom to choose** your field, city, and preferred period
- Opportunity to work in **small and medium-sized enterprises**
- Possibility to have **credits officially recognised** as a **curricular internship**
- Chance to take part in a **real recruitment process** with international companies and gain **professional experience before graduation**
- **All-inclusive package**: pre-departure orientation and support, CV and interview preparation, dedicated assistance during the internship application and approval process, 24/7 emergency contact, health insurance and Safety App for the duration of the programme, accommodation arrangements, and local support



# DUBLIN

## English Course + Customised Internship

Available in person



This programme combines an English course at the **Emerald Cultural Institute** in Dublin with an 8-week customised internship in the student's chosen area of interest.

Each student can choose their preferred English course from those offered by the Emerald Cultural Institute, as well as the field in which to complete their internship.



### Who can apply

Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.

Particularly suitable for students who have not yet reached a B2 level of English, normally required for participation in internship programmes.

A minimum English level of B1 is required.



### When to apply

Applications are always open. The application must be completed at least 8 weeks before the start of the course.



### Start dates and programme duration

English courses start every Monday.

The overall programme lasts 3 months: 1 month of English classes followed by 2 months of internship.



### Key Benefits

- Possibility to **combine** in a single programme a **language component** and a **customised internship**, and experience living in Dublin both as a student and as an intern
- **Flexibility**: no fixed start dates – choose when to go
- Possibility of **credit recognition** as a curricular internship
- **Scholarships available** for all selected students, subject to funding availability. Amount for 2024/25: €1,000
- The programme fee includes a **comprehensive package**: pre-departure orientation and support, CV and interview preparation guidance, assistance before departure, help with activating the internship and credit approval procedure, English course (minimum 4 weeks), internship in the chosen field, accommodation in a residence or host family, 24/7 emergency contact, health insurance and Safety App for the entire duration of the programme

# STEP PORTAL

Available in person/online



The STEP Portal is a platform for finding and activating internships abroad.

It allows students to browse and apply to a range of opportunities published by Cattolica International's partner companies.

Each internship offer is characterised by the criteria of the individual host company, including timing, required academic background, language skills, and whether the internship is on site or remote.

Through the STEP Portal, it is also possible to activate an international internship opportunity that students have found independently.



### Who can apply

Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.



### When to apply

Applications are always open, as companies post opportunities at different times of the year.

It is recommended to apply at least one month before the planned start date of the internship.



### Start dates and programme duration

Start dates vary depending on the individual offer, and internships usually last between 3 and 6 months.



### Key benefits

- **Reliable**: choose from opportunities offered by companies already in partnership with Cattolica International, or activate an independently found internship
- **Scholarships available** to support selected students
- Possibility of **credit recognition** as a curricular internship
- You can **apply for multiple internships** at the same time
- Option to **repeat the experience** more than once
- **Italian Chambers of Commerce Network**: apply for an internship at one of the many Italian Chambers of Commerce around the world, with excellent placement opportunities
- **Some** internships are **also available remotely**

# MAECI - CRUI INTERNSHIP

Available in person/online



The MAECI-CRUI programme is the result of a collaboration between the Italian Ministry of Foreign Affairs and International Cooperation (MAECI) and the Ministry of Universities and Research (MUR).

It offers 3-month internships at Embassies, Diplomatic Representations, Consulates, and Italian Cultural Institutes around the world.

Internships can be carried out either in person or remotely.



## Who can apply

- Open to Italian citizens under 29 years of age, enrolled in a Master's or single-cycle Master's degree programme.
- B2 level of English required
- Minimum average grade of 27/30 required
- Access to each destination is also subject to degree class requirements



## When to apply

Calls for applications are published 3 times a year, for internships starting in January, May, and September.



## Start dates

January, May, and September.



## Key benefits

- Possibility of **credit recognition** as a curricular internship
- **Scholarships available** for all selected students. Monthly grant for 2024/25: €300
- **Some destinations** also offer the option of **completing the internship online**
- Opportunity to gain **first-hand knowledge** of the **work** carried out by **embassies, diplomatic missions, consular offices, and Italian Cultural Institutes** by assisting with event organisation, research, analysis, and preparation of documents on issues relevant to the host country

# ITALIAN ASSISTANT TEACHER

Available in person/online



The programme, in collaboration with the Australian associations WAATI (Western Australia Association of Teachers of Italian) and Co.As.It (Comitato Assistenza Italiani), offers the opportunity to apply as an Italian language assistant in primary, middle, and high schools in the Perth district, as well as in the Sydney and Melbourne areas.



## Who can apply

WAATI programme: Open to all students and recent graduates (within 12 months of graduation) from the Faculties of Linguistic Sciences, Arts and Philosophy, and Education.

Co.As.It programme: Open only to recent graduates (within 12 months of graduation) from the the Faculties of Linguistic Sciences, Arts and Philosophy, and Education.

An excellent knowledge of English is required.

The programme is offered both in person and online.



## When to apply

WAATI programme: Three editions per academic year, with applications in November, February, and April.

Co.As.It programme: One edition per year (dates may vary).



## Start dates and programme duration

WAATI programme: Three editions per academic year, with departures in February, April, and July. Duration: 3 months.

Co.As.It programme: One edition per year, starting in April or June. Duration: 6 or 9 months.



## Key Benefits

- Opportunity to **work as a teacher** in a multicultural school setting.
- **Direct involvement** in school activities, such as:
  - » Offering new perspectives and trends on Italian culture
  - » Correcting assignments and providing feedback
  - » Tutoring small groups of students
  - » Creating multimedia presentations
  - » Developing teaching materials
  - » Recording oral conversations
- For the **Co.As.It. programme, the internship is paid.**
- It is possible to request **academic credit recognition** as a curricular internship.

# Virtual International Programmes

## Why choose a virtual programme?

To enjoy an international experience without leaving home

Total flexibility – easily fits around your university schedule

International networking – connect with students, lecturers, and companies from around the world

Future-ready skills – develop autonomy, time management, and digital skills valued by employers

A modern approach – experience collaboration methods already used in the professional world

Inclusive – accessible to those who cannot travel for economic or personal reasons



COIL

VIRTUAL  
EXCHANGE  
PROGRAMMES



VIRTUAL  
INTERNSHIP

# VIRTUAL INTERNSHIP



This programme offers the opportunity to carry out an international internship entirely remotely, with small and medium-sized enterprises or multinational companies, selected according to the student's area of interest and preferred destination.



## Key Benefits

- **Total flexibility:** complete your entire internship remotely, aligning it with your academic schedule and career goals
- **Tailored to you:** full-time or part-time options, lasting 1 to 3 months, with a weekly commitment of 10 to 40 hours
- **Accessible to everyone:** ideal for those unable to travel for financial or personal reasons, while still offering a valuable international experience
- **Future-ready skills:** develop employability skills (problem-solving, adaptability, leadership) and intercultural competences highly valued in today's job market
- **Relevant and innovative experience:** gain skills related to new ways of working increasingly used by international companies
- **No bureaucracy:** collaborate with companies worldwide without additional paperwork or extra costs
- **Academic value:** credits can be recognised as a curricular internship



## Who can apply

- Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.
- B2 level of English required
- No previous work experience in the chosen field is required



## When to apply

Applications are always open. Application must be completed at least 6 weeks before the chosen start date.



## Start dates

Internships start every Monday, and students can choose their preferred start date.

# COIL

## Collaborative Online International Learning



COIL programmes are virtual exchange initiatives that connect Cattolica students with students from partner universities abroad.



### Programme duration

COIL programmes run during the first or second semester, for a duration of 4 to 10 weeks.



### Key Benefits

- **Boost your soft skills:** intercultural skills are among the most sought-after in today's job market
- **Inclusive:** internationalise your CV without the need to travel abroad
- **Gradual approach:** get closer to a new country, culture, and language step by step, before experiencing them in person
- **Credit recognition:** programmes are Faculty-approved and can award ECTS credits

They offer the opportunity to internationalise your curriculum by joining an international classroom and experiencing meaningful intercultural exchange as part of your degree.



### Who can apply

Available to students from specific Faculties and degree programmes, and delivered in English.

No minimum GPA or formal language certificate is required, although a good knowledge of English is recommended.



### When to apply

Applications open from October. Please note that deadlines vary depending on the programme.

# Available destinations



# for your Faculty

The destinations listed in the following pages are subject to changes, additions, and cancellations. Please check the most up-to-date list on the website. →





# Semester Abroad

## Exchange (Erasmus+/Overseas)

### Argentina

- Universidad Austral (Buenos Aires)

### Australia

- University of Sydney
- University of Technology - UTS (Sydney)
- University of Western Australia (Perth)

### Belgium

- Katholieke Universiteit Leuven
- Université Catholique de Louvain (Louvain La Neuve)

### Croatia

- University of Zagreb (Zagabria)

### Czech Republic

- Masaryk University (Brno)
- Universitas Palackiana Olomucensis (Olomouc)

### France

- Ecole Nationale Supérieure en Sciences de l'Information et des Bibliothèques - ENSSIB
- Sorbonne Université (Paris)
- Université Bourgogne Franche-Comté (Dijon)
- Université Catholique de l'Ouest (Angers)
- Université de Strasbourg
- Université de Tours
- Université Paul Valéry (Montpellier)
- Université Sorbonne Nouvelle - Paris III

### Germany

- Universität Freiburg
- Bergische Universität Wuppertal
- Eberhard Karls Universität Tübingen
- Freie Universität Berlin
- Friedrich-Alexander-Universität Erlangen-Nürnberg

- Friedrich-Schiller-Universität Jena

- Justus-Liebig-Universität Giessen

- Katholische Universität Eichstätt

- Ludwig-Maximilians-Universität München
- Phillips-Universität Marburg

- Ruhr Universität Bochum

- RWTH Aachen University

- Technische Universität Dresden

- Universität Bonn

- Universität des Saarlandes (Saarbrücken)

- Universität zu Köln

### Greece

- National and Kapodistrian University of Athens

### Hungary

- Eötvös Loránd University (Budapest)
- Pázmány Péter Catholic University (Budapest)

### Lithuania

- Vilnius University (Vilnius)

### Netherlands

- Radboud University Nijmegen
- Tilburg University

### Poland

- Cardinal Stefan Wyszyński University (Warsaw)
- The Pontifical University of John Paul II (Krakow)

### Portugal

- Universidade Católica Portuguesa (Lisboa)
- Universidade de Evora

### Puerto Rico

- Pontificia Universidad Católica de Puerto Rico

### Slovakia

- Catholic University in Ruzomberok

### South Korea

- Sungkyunkwan University - SKKU (Seoul)

### Spain

- Universidad Autónoma de Madrid

- Universidad Cardenal Herrera-Ceu (Valencia)

- Universidad Villanueva

- Universidad Complutense de Madrid

- Universidad de Alcalá

- Universidad de Cantabria (Santander)

- Universidad de Córdoba

- Universidad de Murcia

- Universidad de Navarra (Pamplona)

- Universidad de Oviedo

- Universidad de Zaragoza

- Universidad del País Vasco (Bilbao)

- Universidad Eclesiástica de San Damaso (Madrid)

- Universidade de Santiago de Compostela

- Universitat Autònoma de Barcelona

- Universitat de Valencia

- Universitat Internacional de Catalunya (Barcelona)

- Universitat Autònoma de Barcelona

- Universitat de Valencia

- Universitat Internacional de Catalunya (Barcelona)

- Universitat Autònoma de Barcelona

- Universitat de Valencia

- Universitat Internacional de Catalunya (Barcelona)

- Universitat de Valencia

- Universitat Internacional de Catalunya (Barcelona)

### Sweden

- Stockholm University

### Switzerland

- Università della Svizzera Italiana (Lugano)

- Université de Fribourg

### United Kingdom

- De Montfort University (Leicester)

### United States of America

- University of Mary Washington (Fredericksburg)

### Uruguay

- Universidad de Montevideo

# Semester Abroad

## Study Abroad

### Australia

- Royal Melbourne Institute of Technology
- University Of Technology Sydney
- University of Western Australia

### Canada

- University of Toronto

### China

- Fudan University

### France

- Paris School of Business

### Ireland

- University College Dublin

### United Kingdom

- Regent's University London
- University of St Andrews
- University of the Arts, London

### South Korea

- Korea University

### Spain

- CUNEF Universidad Madrid
- EAE Business School Barcelona

### United States of America

- Boston University
- Harvard University - online certificates

- Pace University - New York
- San Diego State University
- University of California Berkeley
- University of California Davis
- University of California Irvine
- University of California Los Angeles
- University of Pennsylvania

# Semester Abroad

## ISEP Exchange

Discover the destinations – just scan or click the QR code



# Customised Internship

### Australia

- Melbourne

### China

- Shanghai

### Colombia

- Medellin

### France

- Paris

### Hong Kong

- Hong Kong

### Ireland

- Dublin

### Japan

- Tokyo

### Portugal

- Lisbon

### South Korea

- Seoul

### Spain

- Barcelona

- Madrid

### Sweden

- Stockholm

### United Kingdom

- London

### United States of America

- New York

# Summer Programmes

## China

- Fudan University - Shanghai

## France

- Paris School of Business - Paris

## Spain

- ESADE - Barcelona

## United Kingdom

- King's College London - London
- London School Of Economics - London
- University College London - London
- University Of Warwick - Coventry

## United States of America

- Boston University - Boston
- Fordham University – New York
- Harvard University - Cambridge
- Stanford University – Palo Alto
- UC Berkeley - Berkeley
- UCLA – Los Angeles
- Yale University - New Haven

# International Volunteering

## Costa Rica

- Atenas
- Samara

## Guatemala

- Antigua

## Indonesia

- Bali, Nusa Penida

## Portugal

- Lisbon

## Peru

- Cusco

## South Africa

- Capetown

- Kruger Park

## Sri Lanka

- Kandy

## Tanzania

- Arusha
- Zanzibar

## Thailand

- Bangkok
- Koh Samui

## Vietnam

- Ho Chi Minh

## Zambia

- Livingstone

# Italian Assistant Teacher

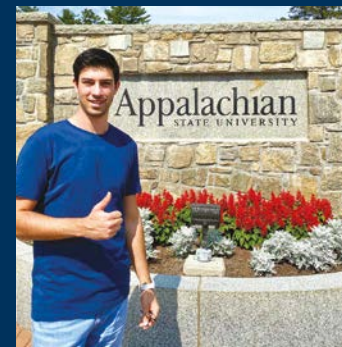
## Western Australia

- Perth District

- Sydney

- Melbourne

#WORLDBOUNDERS



# Cattolica International

## Milan

Via Carducci, 28/30, third floor

Tel: 02 7234 5252

@: info.outbound@unicatt.it

## Brescia

Via Trieste 17, first floor, east wing

Tel: 030 2406 250

@: ucsc.international-bs@unicatt.it

## Piacenza

Via E. Parmense 84, ground floor

Tel: 0523 599 107

@: programmi.internazionali-pc@unicatt.it

## Cremona

Via Bissolati 74, first floor of Magazzino Carri

Tel: 0523 599 107

@: programmi.internazionali-pc@unicatt.it

## Rome

Biological Institutes – Room 231, ground floor

Tel: +39 06 3015 5819

@: ucsc.international-rm@unicatt.it



@cattolica.international



Global Engagement Università Cattolica del Sacro Cuore



MyCattolica

