UNIVERSITÀ CATTOLICA del Sacro Cuore

INTERNATIONAL PROGRAMMES

Study, internships and volunteering abroad



FACULTY OF MEDICINE AND SURGERY AND INTERFACULTY DEGREES

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CATTOLICA INTERNATIONAL

Your starting point for the world.



Cattolica International supports students who want to add an **international dimension** to their **university experience:** from **choosing** the opportunity that best suits them and **preparing** to go abroad, right through to their **return** to Cattolica.

We are your point of reference for **studying, undertaking an internship or gaining experience abroad,** as well as for connecting with **international students** and continuing to **build new relationships and skills** once you return.

WITH CATTOLICA INTERNATIONAL YOU CAN

GET READY
Attend the **info sessions** and **find the** study, internship or volunteering **programme** that **best suits** your academic journey.

GO ABROAD
Get the support you need to set off with confidence. We'll guide you through every aspect of your departure, both **before and during your experience abroad.**

EXPLORE
Discover **new cultures,** expand your **international network** and develop your **language, personal** and **intercultural skills.**

COME BACK
Your international experience doesn't end when you return to Cattolica. **Share what you've experienced,** meet new international students and **keep being part of the community.**

WORLDBOUNDERS

Leave as a student. Come back as a Worldbounder.

Worldbounders is the community for students who have had an international experience and want to continue feeling part of a world without borders.

Being a Worldbounder means sharing experiences, making connections and helping other students discover the world.

THE JOURNEY CONTINUES WHEN YOU COME BACK

SHARE
Talk about your experience at **meetings and events** for students interested in going abroad.

CONNECT
Take part in **Welcome Days, events** and opportunities to meet Italian and international students.

JOIN THE BUDDY PROGRAMME
Support one or more **international students** arriving at Cattolica and **help them** discover the University, the city and Italian culture.

MAKE YOUR EXPERIENCE COUNT
With the **Cattolica International Badge,** you can **showcase** the intercultural, language and personal **skills you have developed** through your international experiences.

CATTOLICA INTERNATIONAL
Public Speaking
International Team Working
Multicultural Skills

READY TO GO INTERNATIONAL?

Discover **all the opportunities offered** by Cattolica International.

All that's left to do is set off.
And when you come back,
THE JOURNEY CONTINUES.

SEMESTER ABROAD

Exchange (Erasmus+ Overseas)

Free Mover









SEMESTER ABROAD
Exchange (Erasmus+ Overseas)

The Exchange programme (Erasmus+ & Overseas) allows Università Cattolica students to apply for a semester or an academic year abroad at one of the European destinations within the Erasmus+ network or at one of the non-European Overseas partner universities.

Who can apply?
All Università Cattolica students enrolled at the time of application and departure* are eligible. The number of places available for each destination is limited, and selection is based on the merit ranking defined by each Faculty.

When to apply?
Applications open twice a year: in October/November for departures in the 1st semester of the following academic year, and in March/April for departures in the 2nd semester.

Where can I go?
Discover all available destinations on our website or on the last pages of this brochure.

Recognition of exams/credits
Exams taken abroad can be officially recognised in your study plan.

Costs & scholarships
Scholarships are available for all participants.

Exchange students are exempt from paying tuition fees at the host university. All living costs abroad remain the responsibility of the student.

Language requirements
Each destination has its own language requirement, which must be met at the time of application.

* Subject to restrictions outlined in the official programme regulations.

SEMESTER ABROAD
Free Mover

The programme allows students to spend a semester at one of their Faculty's Erasmus+ or Overseas partner universities, choosing courses of interest and requesting recognition of equivalent exams at Cattolica.

When to apply?
Applications open twice a year, following the publication of the Exchange (Erasmus+ & Overseas) ranking lists.

Where can I go
Potential destinations are the same as those for the Exchange (Erasmus+ & Overseas) programme, but not all partners accept Free Movers. Please follow the guidelines in the programme regulations to identify available destinations.

Costs
Tuition fees and all living expenses abroad are the responsibility of the student.

Requirements
There are no specific prerequisites for this programme, but students must meet the admission criteria set by the host university.

* Subject to restrictions outlined in the official programme regulations.

LANGUAGE COURSES AND CERTIFICATIONS

Language Courses Abroad – Keiron Education

Chinese Language Courses

IELTS Preparation Courses

Get Ready Seminars



LANGUAGE COURSES ABROAD

Customised Courses – Keiron Education

Available in person / online

In collaboration with Keiron Education, an agency specialising in guidance and organisation of language courses, Cattolica International helps you choose the language course abroad that best suits your needs.

Courses available in: ***English, French, German, Spanish***

Who can apply?
Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.

When to apply?
Applications are always open, and you can register up to one month before departure.

Check the website or contact Keiron Education at info@keiron-education.com to book an appointment and select the most suitable language course for you.

When can I go?
Choose your preferred start date and course duration (from 2 weeks to 6 months).

Key Benefits
- Courses available at **all levels,** from beginner to advanced
- **Standard or intensive courses,** individual or group, online or in person
- **Preparation** for international certifications
- Courses **tailored to your Faculty**
- Option to book **different types of accommodation**

CHINESE LANGUAGE COURSES

Available in person

This programme allows students to attend Chinese language courses at partner Universities in China.

Who can apply?
Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.

When to apply?
The programme is offered three times a year. Applications must be submitted approximately 3 months before the desired start date.

When can I go?
Courses last between 1 and 4 months (student's choice) and start in March, April, July, August, September, and November.

Key Benefits
- Courses available at **all levels,** from beginner to advanced
- **On-campus** accommodation
- **Standard or intensive courses,** small classes, interactive teaching methods

IELTS PREPARATION COURSES

Available in person/online

Cattolica International offers English language courses designed to prepare students for the international IELTS certification.

Obtaining this certification allows you to apply for international programmes.

Who can apply?
The courses are open to all students and recent graduates (up to 12 months after graduation) from all Faculties.

When to apply?
Application deadlines vary depending on the course format (semester or intensive): September–November and February–April.

When do courses take place?
Courses are offered in two formats and are available both in the 1st and 2nd semester:
- **Semester course:** two lessons per week, for a total of 40 contact hours. Courses start in September and February.
- **Intensive course:** two lessons per week for one month, for a total of 32 contact hours.

Key Benefits
- **Flexibility:** courses are offered both online and in person
- **Intensive learning:** a real boost for your English
- **Interaction:** constant engagement with your teacher and classmates
- **Skill development:** deepen your English knowledge and acquire the specific skills you need to succeed in the IELTS exam: Listening, Reading, Writing & Speaking

GET READY SEMINARS

Available online

Cattolica International offers online English courses to help you prepare before you go abroad and feel more confident taking part in classes, classroom discussions and presentations from the very first days of your international academic experience.

Who can apply?
For all students with a minimum B2 level of English who are planning, or simply considering, an academic experience abroad.

When to apply?
Applications are open until early May.

When do the courses take place?
The courses take place online in May, three evenings a week.

Key benefits
- **Short and focused:** develop the language skills you need most for an international academic experience
- **Pre-departure preparation:** feel more confident when you arrive and adapt more quickly to your new academic environment
- **Online, live and interactive:** take part in live classes, activities and practical exercises to put what you learn into practice straight away

SUMMER PROGRAMMES







SUMMER PROGRAMMES

Available in person

Summer Programmes offer the opportunity to spend from 2 to 8 weeks abroad during the summer. At one of our partner universities, you will be able to select courses and request official recognition of your exams.

Who can apply?

Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.

When to apply?

- **Applications open:** from October.
- **Applications close:** deadlines vary depending on the destination and generally fall between January and February.

When can I go?

Start dates and programme duration vary depending on the destination, but all courses run between June and August and last between 2 and 8 weeks.

Key Benefits

- **Scholarships available,** awarded on the basis of academic merit, for all destinations
- A unique opportunity to experience a **top-tier university** such as: Stanford, Harvard, UC Berkeley, London School of Economics and many more
- **Intensive programmes** that allow you to earn credits in just a few weeks and get ahead in your study plan
- **Package includes:** support during the application process, courses, official transcript with grades, and for some programmes, room and board
- **TOEFL and IELTS** are not always mandatory

Specialised Programme at Boston University in Interactive Marketing Communication, Public Relations and Events Management

Open to students from all Faculties, but primarily aimed at students in the following study areas, for which extra ECTS credits are awarded:

- Interfaculty Arts and Philosophy / Economics / Political and Social Science
- Linguistic Sciences and Foreign Literatures
- Political and Social Sciences – recommended for students in the “Scienze della Comunicazione” or “Comunicazione pubblica” curriculum
- Psychology – recommended for students in the “Organizzazione e Marketing” curriculum

INTERNSHIP ABROAD AND INTERNATIONAL VOLUNTEERING

Clinical and Research Electives

Your Clinical Electives

VSLO Internship Programme

Elective Observership Programme - Thomas Jefferson University - (SKMC)

Elective Rotations Programme - Johns Hopkins University

Customised Internship

Blended Internship

Career Service Job Teaser and SteP Portal

International Volunteering



CLINICAL AND RESEARCH ELECTIVES NETWORK

Available in person

This programme allows students to apply to EU and non-EU partner universities to carry out an international internship and/or research project.

Who can apply?
The programme is open to students who are regularly enrolled at Università Cattolica at the time of application and throughout their stay abroad.

Restrictions
- Medicine and Surgery (English) and Medicina e Chirurgia (Italian): students may apply in their 2nd year for departure in the 3rd year.
- Pharmacy: students may apply in their 3rd year for departure in the 4th year.

When to apply?
Applications are open twice a year:

October–November: for departure in the 1st semester of the following academic year (Dentistry and Dental Prostheses, Pharmacy, and health professions degrees).

March–April: for departure in the 2nd semester of the following academic year (Medicina e Chirurgia in Italian, Medicine and Surgery in English, Pharmacy, and health professions degrees).

Key benefits
- **Scholarships** are available, ranging from €400 to €500 per month
- **Internship credits** may be recognised

YOUR CLINICAL ELECTIVES

Available in person

This programme offers students the opportunity to undertake an international internship at EU or non-EU healthcare companies and hospitals, chosen independently by the participants.

Who can apply?
The programme is open to current enrolled students and recent graduates (within 12 months of graduation) from the Faculty of Medicine and Surgery, who have independently arranged a host institution abroad for clinical practice or research.

When to apply?
Applications are open year-round. However, students are responsible for checking visa processing times and entry requirements for their chosen destination.

When can I go?
There are no fixed dates. The programme can take place at any time, provided both Cattolica International and the host institution agree.

Key benefits
- **Flexibility:** no limit on the number of places and no predefined list of destinations
- **Scholarships** are available for all participants, while funds last
- **Programme credits** may be recognised

VSLO INTERNSHIP PROGRAMME

Available in person

This programme is offered in partnership with the AAMC-VSLO Network (Visiting Student Learning Opportunities). It gives students the opportunity to undertake internships at prestigious healthcare facilities in the United States and around the world.

Who can apply?
The programme is open to students enrolled in the Single-cycle Degree Programmes in Medicina e Chirurgia (Italian) and Medicine and Surgery (English) who wish to undertake clinical practice or research abroad.

When to apply?
Applications are open year-round. Students are responsible for checking visa processing times and entry requirements for their chosen destination.

When can I go?
There are no fixed dates. The programme can take place at any time, provided both Cattolica International and the host institution agree.

Key benefits
- Access to a **wide network of destinations in the US**
- **Scholarships** are available for all participants, while funds last
- **Programme credits** may be recognised

ELECTIVE OBSERVERSHIP PROGRAMME - THOMAS JEFFERSON UNIVERSITY - (SKMC)

Available in person

The Elective Observership Program at Thomas Jefferson University – Sidney Kimmel Medical College (SKMC) offers students enrolled in the Medicine and Surgery degree program the opportunity to complete a one-month curricular internship in a clinical department at SKMC.

Who can apply?
The program is open to students currently in the clinical years of the Medicine and Surgery degree program (Year 4-6).

When to apply?
October/November for Spring departures and March/April for Summer departures.

Key benefits
- **Programme credits** may be recognised.
- **Scholarships** are available for admitted students

ELECTIVE ROTATIONS PROGRAMME - JOHNS HOPKINS UNIVERSITY

Available in person

The Johns Hopkins Elective Rotations Programme offers students enrolled in the Medicine and Surgery degree programmes the opportunity to undertake a one-month curricular clinical elective at one of the world's most prestigious academic medical institutions.

Who can apply?
The programme is open to students enrolled in the Medicine and Surgery degree programmes who wish to undertake a curricular mobility experience during their sixth year of study.

When can I apply?
Applications are accepted year-round. However, students are responsible for checking the application timelines required by the host institution, including those related to visa applications and any other administrative requirements.

Key benefits
- Opportunity to complete a one-month curricular clinical elective at **one of the leading medical schools in the United States.**
- **Scholarships** are available for selected students.
- **Programme credits** may be recognised

CUSTOMISED INTERNSHIP

Available in person

The Customised Internship programme, in partnership with international providers, offers students the opportunity to take part in an international internship lasting 8 to 12 weeks in cities around the world, with the possibility of credit recognition.

Destinations include ***Europe, the United States, Asia, Latin America, and Australia.***

Who can apply?

- Open to students and recent graduates (up to 12 months after graduation) from all Faculties
- No previous work experience in the chosen field is required
- B2 level of English is required

When to apply?

The programme is offered three times a year. Applications must be completed approximately three months before the internship start date.

- For departures in March/April: apply in November and December
- For departures in June/July: apply in March
- For departures in September/October: apply in May

When can I go?

Internships last 8 or 12 weeks, depending on the student's choice.
Possible start periods: September/October, March/April, and June/July.

Key Benefits

- **Scholarships available,** awarded on the basis of academic merit
- **Freedom to choose** your field, city, and preferred period
- Opportunity to work in **small and medium-sized enterprises**
- Possibility to have **credits officially recognised** as a curricular internship
- Chance to take part in a **real recruitment process** with international companies and **gain professional experience** before graduation
- **Package includes:** pre-departure orientation and support, CV and interview preparation, dedicated assistance during the internship application and approval process, 24/7 emergency contact, health insurance and Safety App for the duration of the programme, accommodation arrangements, and local support

BLENDED INTERNSHIP

Available in person/online

International experience, with more flexibility.
Cattolica International, in partnership with international provider The Intern Group, offers the opportunity to gain international professional experience through a blended format: the first month is spent interning in person abroad, with a choice of destinations and professional fields, followed by a remote placement with the same company.

Who can apply?

- Open to students and recent graduates from all Faculties, up to 12 months after graduation
- No previous experience in the internship field is required
- B2 level of English required

When to apply?

Applications open in autumn and spring.

When can I go?

There are several start dates throughout the year, depending on the destinations and opportunities available.

Check the Cattolica International website for current dates, destinations and opportunities.

Key Benefits

- **Flexibility:** continue your internship remotely after returning to Italy, making it easier to fit the experience around other commitments
- **Professional continuity:** continue working with the same company, building on the activities and professional relationships developed during your time abroad
- **International experience:** gain professional skills in an international and multicultural environment through an in-person internship abroad
- **Greater accessibility:** spending just one month abroad makes the international experience easier to fit around your studies and other personal or professional commitments
- **Lower costs:** a shorter stay abroad helps reduce living expenses while still giving you the opportunity to gain international professional experience
- **Professional and transferable skills:** develop independence, adaptability, intercultural communication, teamwork and professional skills

CAREER SERVICE JOB TEASER AND STEP PORTAL

Available in person/remote

JobTeaser is a platform featuring internship and job opportunities in Italy and abroad, regularly updated with vacancies from companies and organisations across a wide range of sectors.

Who can apply?
Open to students and recent graduates from all Faculties, up to 12 months after graduation.

When to apply?
Companies post opportunities throughout the academic year. Applications usually need to be submitted at least one month before the internship start date. Each internship opportunity has its own requirements, set by the individual company, including the internship period, academic background, language skills and whether the internship is remote or in person.

When does the internship take place?
Internship dates vary depending on the individual vacancy and usually last between 3 and 6 months. For curricular internships, you will also need to check the requirements of your degree programme regarding the duration and dates of the internship.

How do I activate my internship?
If you are selected for an internship abroad, whether through JobTeaser or other channels – such as a direct application, direct contact with a company or your personal network – the International Office will support you with the internship activation process through the **STeP portal,** in accordance with the relevant procedures.

Key Benefits
- **Scholarships** are available to support your experience, subject to meeting the requirements set out in the relevant Regulations
- You can request **credit recognition** for the internship as part of your degree programme
- You can **apply for several internship opportunities** at the same time
- You can **take part** in this international experience **more than once**
- **Italian Chambers of Commerce network:** apply for internships at Italian Chambers of Commerce around the world
- **Some** opportunities are also **available remotely**
- **Insurance cover** is provided for the entire duration of the internship

INTERNATIONAL VOLUNTEERING

Available in person

The International Volunteering programme gives you the opportunity to take an active role in cooperation, development and support projects within local communities.

*Destinations in **Asia, Africa and Latin America.***

Who can apply?
Open to students and recent graduates from all Faculties, up to 12 months after graduation.

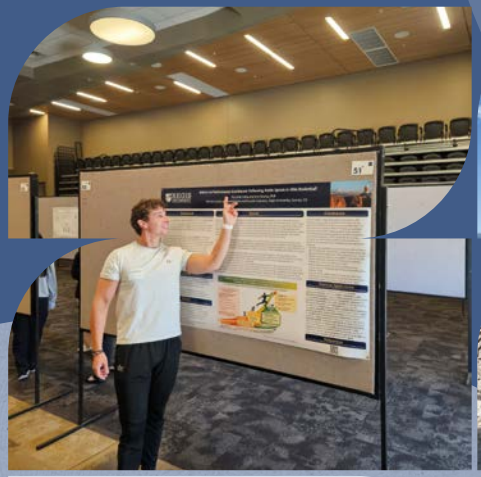
No previous volunteering experience is required. You just need a good knowledge of English; no language certificate is required.

When to apply?
Applications are open from November to March.

When can I go?
Projects can last 2, 3 or 4 weeks, depending on your preference, with departures in July and August.

Key Benefits
- Depending on your studies or interests, you can **choose the field** in which you would like to volunteer:
  - Childcare & Teaching
  - Community & Women's Development
  - Environmental & Wildlife Conservation
  - Health Education
  - Sustainable Agriculture
- **Scholarships** are available based on academic merit
- You can request **academic recognition** of the programme as a **curricular internship**
- **The programme fee includes:** guidance and support during the application process; pre-departure support; a 24/7 emergency helpline during your stay abroad; a local coordinator; airport pick-up on arrival; accommodation; health insurance and access to the Safety App for the duration of the programme; certificate of participation
- International volunteering gives you the opportunity to **challenge yourself** and **enhance your CV** through an authentic and rewarding experience

THESIS ABROAD









THESIS ABROAD

Available in person

The Thesis Abroad programme offers scholarships to support Bachelor's and Master's degree students from all Faculties who have independently identified an opportunity to carry out international research for their thesis.

Who can apply?
Open to Bachelor's and Master's degree students from all Faculties and campuses who are currently working on their thesis.

To apply for the programme, you will need:
- confirmation of your registered thesis topic
- a letter of introduction from your Cattolica thesis supervisor on official letterhead
- a letter of acceptance from the host institution

When to apply?
Applications are open all year round, but must be completed at least one month before the planned programme start date.

When can I go?
There are no fixed dates: you can choose when to go, in agreement with your Cattolica thesis supervisor and the host institution.

Key benefits
- **Flexibility:** there is no predefined list of destinations. In agreement with your Cattolica thesis supervisor, you can choose the destination that best suits your thesis research, such as a university, library, research institute, non-profit organisation or company
- **Quick application process:** the programme can be arranged within a short timeframe, making it possible to include an experience abroad before graduation
- **Scholarships:** funding is available for up to 3 months to all participants, subject to availability. There are no income or academic merit requirements. Current monthly amount: €300

SHORT PROGRAMMES



FACULTY-LED PROGRAMMES

Available in person/online

Faculty-led programmes offer an intensive and flexible learning experience abroad, led by a lecturer from your university.

Who can apply?
Students enrolled in specific Bachelor's or Master's degree programmes for which a faculty-led programme is available.

When to apply and when can I go?
Programme dates vary depending on the destination.

Key benefits
- **Highly targeted** and **well-structured** programmes
- **Fully integrated** into the academic curriculum
- Opportunity to **explore in depth** topics covered during your studies
- Classroom sessions enriched with complementary activities such as **company visits, workshops, and cultural initiatives**
- Possibility to have **credits officially recognised** and access scholarships

Check the dedicated section of the website to find out which programmes are available for your degree programme.

VIRTUAL PROGRAMMES



VIRTUAL INTERNSHIP

This programme offers the opportunity to carry out an international internship entirely remotely, with small and medium-sized enterprises or multinational companies, selected according to the student's area of interest and preferred destination.

Who can apply?

- Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.
- B2 level of English required
- No previous work experience in the chosen field is required

When to apply?

Applications are always open. Application must be completed at least 8 weeks before the chosen start date.

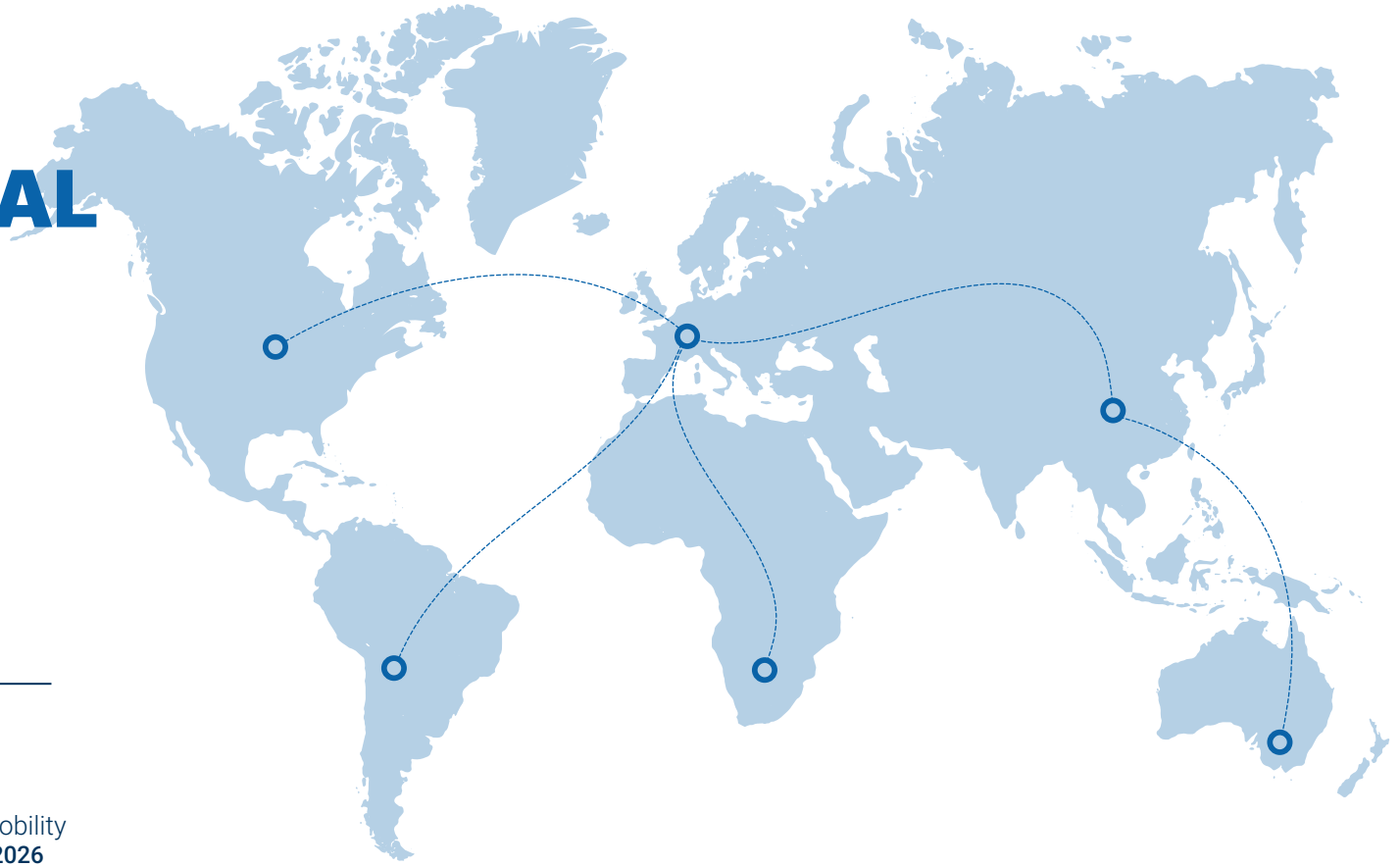
Start dates?

There are two internship start dates each month, and students can choose the one that suits them best.

Key benefits

- **Total flexibility:** complete your entire internship remotely, aligning it with your academic schedule and career goals
- **Tailored to you:** full-time or part-time options, lasting 1 to 3 months, with a weekly commitment of 10 to 40 hours
- **Accessible to everyone:** ideal for those unable to travel for financial or personal reasons, while still offering a valuable international experience
- **Future-ready skills:** develop employability skills (problem-solving, adaptability, leadership) and intercultural competences highly valued in today's job market
- **Relevant and innovative experience:** gain skills related to new ways of working increasingly used by international companies
- **No bureaucracy:** collaborate with companies worldwide without additional paperwork or extra costs
- **Academic value:** credits can be recognised as a curricular internship

AN INTERNATIONAL NETWORK OF OPPORTUNITIES



Study, internship and **volunteering abroad programmes** to add an international dimension to your academic journey.

#1

IN ITALY
for inbound and outbound mobility
QS World University Rankings 2026

500+
DESTINATIONS
worldwide

30
MOBILITY PROGRAMMES
semester/year-long

80
SHORT-TERM PROGRAMMES
from 1 to 12 weeks

10
ONLINE PROGRAMMES
wherever you are

350+
AGREEMENTS WITH ERASMUS+ UNIVERSITIES
across Europe

120+
AGREEMENTS WITH OVERSEAS UNIVERSITIES
worldwide

**Data refer to international mobility programmes for students and recent graduates.*

Discover all destinations and programmes at **goabroad.unicatt.it**

DESTINATIONS AVAILABLE FOR YOUR FACULTY

The destinations listed on the following pages are subject to change, additions or cancellations. Check the website for the latest list of available destinations.













SEMESTER ABROAD

Exchange (Erasmus+ Overseas)

Denmark
- Aarhus University

France
- Université Claude Bernard - Lyon
- Université de Paris

Germany
- Humboldt-Universität Berlin
- Westfälische-Wilhelms-Universität Münster
- Ludwig-Maximilians-Universität (LMU) München

Portugal
- Universidade de Lisboa
- Universidade do Minho

Slovakia
- Pavol Jozef Šafárik University in Košice

Spain
- Universidad de Cadiz
- Universidad de Granada
- Universidad de Salamanca
- Universidad de Valladolid
- Universidad Catolica San Antonio de Murcia

Switzerland
- Université de Lausanne

United Kingdom
- Cardiff University - School of Medicine

CLINICAL AND RESEARCH ELECTIVES NETWORK

Argentina
- Instituto italiano de Rosario Fundación H.A. Barceló Instituto Universitario de Ciencas de La Salud

Belgium
- Katholieke Universiteit Leuven (BE)

Chile
- Universidad de Los Andes

Colombia
- Universidad de La Sabana

Finland
- University of Oulu

France
- Université Catholique de Lille (FR)
- Université Claude Bernard LYON 1

Germany
- Leibniz-Institut für Analytische Wissenschaften - Dortmund
- Evangelische Hochschule Berlin

Hungary
- Semmelweis University - Budapest

Mexico
- Universidad de Monterrey

Portugal
- Universidade Catolica Portuguesa - Viseu
- Universidade do Algarve - Faro
- Universidade do Minho

Slovakia
- Pavol Jozef Safárik University in Kosice (SK)

Spain
- Universidad Alfonso X "El Sabio" - Madrid
- Universidad de Castilla - La Mancha
- Universidad Católica de Valencia San Vicente Mártir
- Universidad de Cadiz

Sweden
- University West - Trollhattan

Switzerland
- Université de Lausanne
- Berner Fachhochschule
- Scuola Universitaria professionale della Svizzera italiana

United States of America
- Thomas Jefferson University

SUMMER PROGRAMMES

China
- Fudan University (Shanghai)

Denmark
- Copenhagen Business School (Copenhagen)

France
- Paris School of Business (Paris)

Hong Kong
- The University of Hong Kong (Hong Kong)

South Korea
- Hanyang University (Seoul)

Spain
- ESADE (Barcelona)
- IE Madrid (Madrid)

United Kingdom
- King's College London (London)
- London School Of Economics (London)
- University College London (London)

United States of America
- Boston University (Boston)
- Fordham University (New York)
- Harvard University (Cambridge)
- Stanford University (Palo Alto)
- UC Berkeley (Berkeley)
- UCLA (Los Angeles)

CUSTOMISED INTERNSHIP

Australia
- Melbourne

China
- Shanghai

Colombia
- Medellin

Denmark
- Copenhagen

France
- Paris

Hong Kong
- Hong Kong

Ireland
- Dublin

Japan
- Tokyo

Portugal
- Lisbon

South Korea
- Seoul

Spain
- Barcelona
- Madrid

Sweden
- Stockholm

United Kingdom
- London

United States of America
- New York

INTERNATIONAL VOLUNTEERING

Costa Rica
- Atenas

Indonesia
- Bali, Nusa Penida

Kenya
- Nakuru

Madagascar
- Nosy Be

Peru
- Cusco

South Africa
- Kruger Park

Sri Lanka
- Kandy

Tanzania
- Arusha
- Zanzibar

Thailand
- Bangkok

Vietnam
- Ho Chi Minh

#WORLDBOUNDERS









PROSSIMA FERMATA

Listen to our Worldbounders' stories on the "Prossima Fermata" podcast.











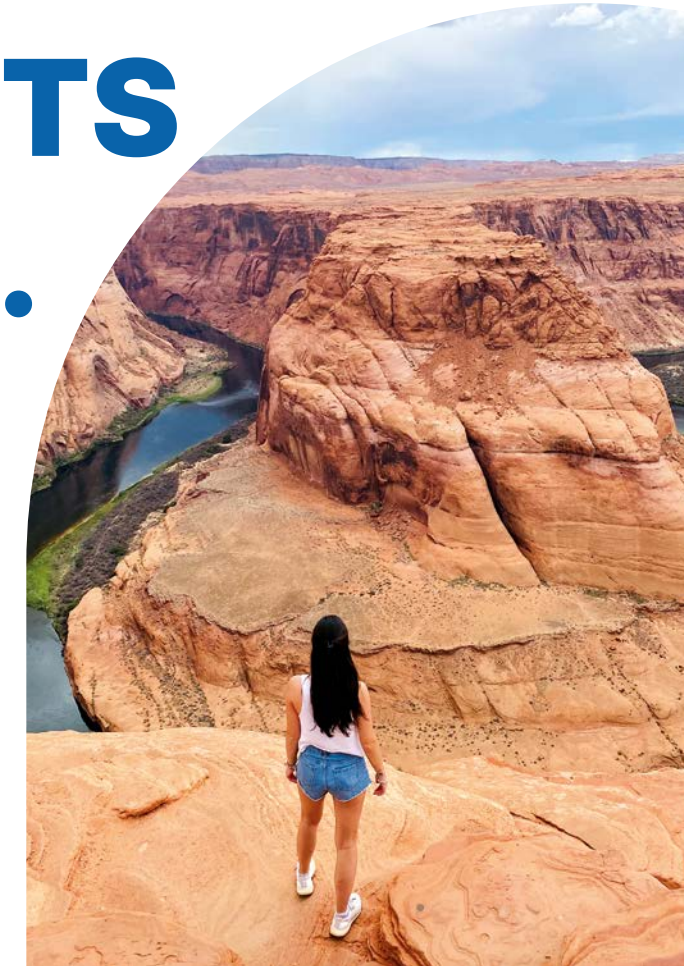




YOUR NEXT JOURNEY STARTS HERE.

Discover the stories of students who have already been abroad and get inspired!







FILIPPO
Summer Programme
UCLA, Los Angeles

"I had always dreamed of experiencing American college life, and the Summer Programme made it possible. Classes were inclusive and interactive, with group projects, practical activities and direct contact with lecturers. Campus life felt like a movie. Going abroad on my own was one of the best choices I made: it made me more independent, confident and curious, while quickly improving my English."



LEONARDO
International Volunteering
Cusco, Peru

"Volunteering at an animal rescue centre in the Andes is certainly not something you get to experience every day. I had the opportunity to work in the field, improve my Spanish and live with a local family. It was a very direct way to get to know Peru, not just as a tourist, but by truly coming into contact with the people, the culture and everyday life there."



GIADA
Customised Internship
Shanghai

"Living and working in Shanghai was an extraordinary experience. The internship allowed me to grow professionally and gain practical experience in a company, while networking events and cultural activities helped me build an international network. I discovered a completely different culture, stepped out of my comfort zone and developed dynamic and valuable skills for my career."



JACOPO
Summer Programme
ESADE, Barcelona

"I chose to take part in ESADE's Summer Programme because I was looking for a solid international experience, but one that was shorter than an Erasmus exchange. It's an experience I'll always carry with me, because of the people I met, the classes and the professors. It gave me knowledge, skills and, above all, strong connections. If I could give myself one piece of advice before leaving? Don't overthink it: take the leap and go. It's worth it."



CATERINA
Summer Programme
UCL, London

"I chose the Summer Programme at UCL because I wanted to gain experience abroad and engage with international students in the medical field. I was really impressed by both the academic offering and the number of events organised. But the most valuable part was the relationships I built: sharing dreams, aspirations, insecurities and passions with people from all over the world deeply enriched me on a personal level too."



MARTINA
Double Degree
Fordham University, New York

"I chose the Double Degree because I wanted to combine the strong academic foundation I gained at Cattolica with international experience, essential for anyone pursuing a career in a global field like finance. In New York, I found a very practical approach, with group work, business cases, presentations and constant interaction with lecturers and international students. This experience taught me to be more proactive, communicate with greater confidence and approach new situations with self-assurance. Looking back, I can say that this choice profoundly shaped my path and opened the door to many of the opportunities that followed."

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