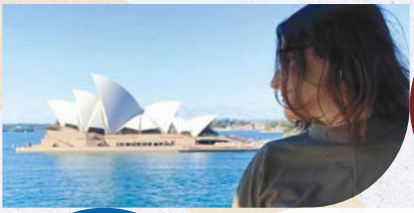
UNIVERSITÀ CATTOLICA del Sacro Cuore

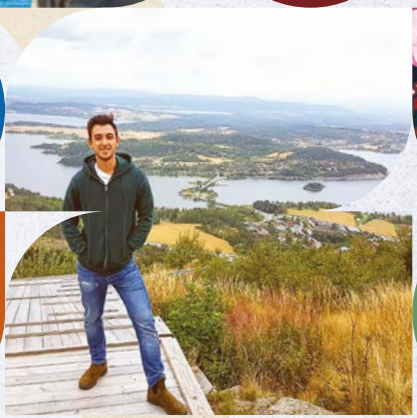
INTERNATIONAL PROGRAMMES

Study, internships and volunteering abroad









FACULTY OF EDUCATION AND INTERFACULTY DEGREES

TABLE OF CONTENTS

Cattolica International - your starting point into the world





1 Semester Abroad
Exchange (Erasmus+ Overseas)
Study Abroad
ISEP Exchange
Free Mover

7 Language Courses and Certifications
Language Courses Abroad – Keiron Education
Chinese Language Courses
IELTS Preparation Courses
Get Ready Seminars

13 Summer programmes

15 Internship Abroad and International Volunteering
Customised Internship
Blended Internship
Dublin: Language Course + Internship
Maeci-Crui Internship
Primary Education - Internships at Italian Schools abroad
Italian Assistant Teacher
Career Service Job Teaser and SteP Portal
International Volunteering

27 Thesis Abroad

29 Short programmes
Faculty-led Programmes
International Diplomatic Simulations

33 Virtual Programmes
Virtual Internship
COIL

39 Available destinations

CATTOLICA INTERNATIONAL

Your starting point for the world.



Cattolica International supports students who want to add an **international dimension** to their **university experience:** from **choosing** the opportunity that best suits them and **preparing** to go abroad, right through to their **return** to Cattolica.

We are your point of reference for **studying, undertaking an internship or gaining experience abroad,** as well as for connecting with **international students** and continuing to **build new relationships and skills** once you return.

WITH CATTOLICA INTERNATIONAL YOU CAN

GET READY
Attend the **info sessions** and **find the** study, internship or volunteering **programme** that **best suits** your academic journey.

GO ABROAD
Get the support you need to set off with confidence. We'll guide you through every aspect of your departure, both **before and during your experience abroad.**

EXPLORE
Discover **new cultures,** expand your **international network** and develop your **language, personal** and **intercultural skills.**

COME BACK
Your international experience doesn't end when you return to Cattolica. **Share what you've experienced,** meet new international students and **keep being part of the community.**

WORLDBOUNDERS

Leave as a student. Come back as a Worldbounder.

Worldbounders is the community for students who have had an international experience and want to continue feeling part of a world without borders.

Being a Worldbounder means sharing experiences, making connections and helping other students discover the world.

THE JOURNEY CONTINUES WHEN YOU COME BACK

SHARE
Talk about your experience at **meetings and events** for students interested in going abroad.

CONNECT
Take part in **Welcome Days, events** and opportunities to meet Italian and international students.

JOIN THE BUDDY PROGRAMME
Support one or more **international students** arriving at Cattolica and **help them** discover the University, the city and Italian culture.

MAKE YOUR EXPERIENCE COUNT
With the **Cattolica International Badge,** you can **showcase** the intercultural, language and personal **skills you have developed** through your international experiences.

CATTOLICA INTERNATIONAL
Public Speaking
International Team Working
Multicultural Skills

READY TO GO INTERNATIONAL?

Discover **all the opportunities offered** by Cattolica International.

All that's left to do is set off. And when you come back, THE JOURNEY CONTINUES.

SEMESTER ABROAD

Exchange (Erasmus+ Overseas)

Study Abroad

ISEP Exchange

Free Mover









SEMESTER ABROAD
Exchange (Erasmus+ Overseas)

The Exchange programme (Erasmus+ & Overseas) allows Università Cattolica students to apply for a semester or an academic year abroad at one of the European destinations within the Erasmus+ network or at one of the non-European Overseas partner universities.

Who can apply?
All Università Cattolica students enrolled at the time of application and departure* are eligible. The number of places available for each destination is limited, and selection is based on the merit ranking defined by each Faculty.

When to apply?
Applications open twice a year: in October/November for departures in the 1st semester of the following academic year, and in March/April for departures in the 2nd semester.

Where can I go?
Discover all available destinations on our website or on the last pages of this brochure.

Recognition of exams/credits
Exams taken abroad can be officially recognised in your study plan.

Costs & scholarships
Scholarships are available for all participants.

Exchange students are exempt from paying tuition fees at the host university. All living costs abroad remain the responsibility of the student.

Language requirements
Each destination has its own language requirement, which must be met at the time of application.

* Subject to restrictions outlined in the official programme regulations.

SEMESTER ABROAD
Study Abroad

The Study Abroad programme allows Università Cattolica students to spend a semester or a full academic year at some of the most prestigious universities around the world.

Who can apply?
All Università Cattolica students enrolled at the time of application and departure* are eligible. The number of places for most destinations is unlimited.

When to apply?
Applications open twice a year: in October/November for departures in the 1st semester of the following academic year, and in March/April for departures in the 2nd semester.

Where can I go?
Discover all available destinations on our website or on the last pages of this brochure.

Recognition of exams/credits
Exams taken abroad can be officially recognised in your study plan.

Costs & scholarships
Scholarships are available for all participants, subject to availability of funds.

Study Abroad students are required to pay an academic fee for the programme abroad, which varies depending on the destination, in addition to the costs related to their stay.

Language requirements
Each destination has its own language requirement, which must be met at the time of application.

* Subject to restrictions outlined in the official programme regulations.

SEMESTER ABROAD
ISEP Exchange

Università Cattolica is part of the ISEP Exchange network, which offers students the opportunity to study around the world through more than 150 destinations.

Who can apply?
All Università Cattolica students enrolled at the time of application and departure* are eligible. A limited number of students can be selected each semester.

When to apply?
Applications open twice a year: in October/November for departures in the 1st semester of the following academic year, and in March/April for departures in the 2nd semester.

Where can I go?
Discover all available destinations on our website or on the last pages of this brochure.

Recognition of exams/credits
Exams taken abroad can be officially recognised in your study plan.

Costs & scholarships
Scholarships are available for all participants, subject to availability of funds.

Students taking part in the ISEP Exchange programme are required to pay a fee of €6,500 (to be checked on the online pages of the programme), which includes tuition fees for the semester abroad as well as room and board on campus. Some additional expenses remain the responsibility of the student – please check the detailed information on the programme webpage.

Language requirements
Each destination has its own language requirement, which must be met at the time of application.

***** Subject to restrictions outlined in the official programme regulations.

SEMESTER ABROAD
Free Mover

The programme allows students to spend a semester at one of their Faculty's Erasmus+ or Overseas partner universities, choosing courses of interest and requesting recognition of equivalent exams at Cattolica.

When to apply?
Applications open twice a year, following the publication of the Exchange (Erasmus+ & Overseas) ranking lists.

Where can I go
Potential destinations are the same as those for the Exchange (Erasmus+ & Overseas) programme, but not all partners accept Free Movers. Please follow the guidelines in the programme regulations to identify available destinations.

Costs
Tuition fees and all living expenses abroad are the responsibility of the student.

Requirements
There are no specific prerequisites for this programme, but students must meet the admission criteria set by the host university.

LANGUAGE COURSES AND CERTIFICATIONS

Language Courses Abroad – Keiron Education

Chinese Language Courses

IELTS Preparation Courses

Get Ready Seminars



LANGUAGE COURSES ABROAD

Customised Courses – Keiron Education

Available in person / online

In collaboration with Keiron Education, an agency specialising in guidance and organisation of language courses, Cattolica International helps you choose the language course abroad that best suits your needs.

Courses available in: ***English, French, German, Spanish***

Who can apply?
Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.

When to apply?
Applications are always open, and you can register up to one month before departure.

Check the website or contact Keiron Education at info@keiron-education.com to book an appointment and select the most suitable language course for you.

When can I go?
Choose your preferred start date and course duration (from 2 weeks to 6 months).

Key Benefits
- Courses available at **all levels,** from beginner to advanced
- **Standard or intensive courses,** individual or group, online or in person
- **Preparation** for international certifications
- Courses **tailored to your Faculty**
- Option to book **different types of accommodation**

CHINESE LANGUAGE COURSES

Available in person

This programme allows students to attend Chinese language courses at partner Universities in China.

Who can apply?
Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.

When to apply?
The programme is offered three times a year. Applications must be submitted approximately 3 months before the desired start date.

When can I go?
Courses last between 1 and 4 months (student's choice) and start in March, April, July, August, September, and November.

Key Benefits
- Courses available at **all levels,** from beginner to advanced
- **On-campus** accommodation
- **Standard or intensive courses,** small classes, interactive teaching methods

IELTS PREPARATION COURSES

Available in person/online

Cattolica International offers English language courses designed to prepare students for the international IELTS certification.

Obtaining this certification allows you to apply for international programmes.

Who can apply?
The courses are open to all students and recent graduates (up to 12 months after graduation) from all Faculties.

When to apply?
Application deadlines vary depending on the course format (semester or intensive): September–November and February–April.

When do courses take place?
Courses are offered in two formats and are available both in the 1st and 2nd semester:
- **Semester course:** two lessons per week, for a total of 40 contact hours. Courses start in September and February.
- **Intensive course:** two lessons per week for one month, for a total of 32 contact hours.

Key Benefits
- **Flexibility:** courses are offered both online and in person
- **Intensive learning:** a real boost for your English
- **Interaction:** constant engagement with your teacher and classmates
- **Skill development:** deepen your English knowledge and acquire the specific skills you need to succeed in the IELTS exam: Listening, Reading, Writing & Speaking

GET READY SEMINARS

Available online

Cattolica International offers online English courses to help you prepare before you go abroad and feel more confident taking part in classes, classroom discussions and presentations from the very first days of your international academic experience.

Who can apply?
For all students with a minimum B2 level of English who are planning, or simply considering, an academic experience abroad.

When to apply?
Applications are open until early May.

When do the courses take place?
The courses take place online in May, three evenings a week.

Key benefits
- **Short and focused:** develop the language skills you need most for an international academic experience
- **Pre-departure preparation:** feel more confident when you arrive and adapt more quickly to your new academic environment
- **Online, live and interactive:** take part in live classes, activities and practical exercises to put what you learn into practice straight away

DUBLIN: Language Course + Internship
In addition to the language courses described in this section, you can also take part in a dedicated programme **combining an English language course with an internship in Dublin.** Find out more in the section on internships abroad.

SUMMER PROGRAMMES









SUMMER PROGRAMMES

Available in person

Summer Programmes offer the opportunity to spend from 2 to 8 weeks abroad during the summer. At one of our partner universities, you will be able to select courses and request official recognition of your exams.

Who can apply?

Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.

When to apply?

- **Applications open:** from October.
- **Applications close:** deadlines vary depending on the destination and generally fall between January and February.

When can I go?

Start dates and programme duration vary depending on the destination, but all courses run between June and August and last between 2 and 8 weeks.

Key Benefits

- **Scholarships available,** awarded on the basis of academic merit, for all destinations
- A unique opportunity to experience a **top-tier university** such as: Stanford, Harvard, UC Berkeley, London School of Economics and many more
- **Intensive programmes** that allow you to earn credits in just a few weeks and get ahead in your study plan
- **Package includes:** support during the application process, courses, official transcript with grades, and for some programmes, room and board
- **TOEFL and IELTS** are not always mandatory

Specialised Programme at Boston University in Interactive Marketing Communication, Public Relations and Events Management

Open to students from all Faculties, but primarily aimed at students in the following study areas, for which extra ECTS credits are awarded:

- Interfaculty Arts and Philosophy / Economics / Political and Social Science
- Linguistic Sciences and Foreign Literatures
- Political and Social Sciences – recommended for students in the “Scienze della Comunicazione” or “Comunicazione pubblica” curriculum
- Psychology – recommended for students in the “Organizzazione e Marketing” curriculum

INTERNSHIP ABROAD AND INTERNATIONAL VOLUNTEERING

Customised Internship

Blended Internship

Dublin: Language Course + Internship

Maeci-Crui Internship

Internships at Italian Shools Abroad

Italian Assistant Teacher

Career Service Job Teaser and SteP Portal

International Volunteering









CUSTOMISED INTERNSHIP

Available in person

The Customised Internship programme, in partnership with international providers, offers students the opportunity to take part in an international internship lasting 8 to 12 weeks in cities around the world, with the possibility of credit recognition.

Destinations include ***Europe, the United States, Asia, Latin America, and Australia.***

Who can apply?

- Open to students and recent graduates (up to 12 months after graduation) from all Faculties
- No previous work experience in the chosen field is required
- B2 level of English is required

When to apply?

The programme is offered three times a year. Applications must be completed approximately three months before the internship start date.

- For departures in March/April: apply in November and December
- For departures in June/July: apply in March
- For departures in September/October: apply in May

When can I go?

Internships last 8 or 12 weeks, depending on the student's choice.
Possible start periods: September/October, March/April, and June/July.

Key Benefits

- **Scholarships available,** awarded on the basis of academic merit
- **Freedom to choose** your field, city, and preferred period
- Opportunity to work in **small and medium-sized enterprises**
- Possibility to have **credits officially recognised** as a curricular internship
- Chance to take part in a **real recruitment process** with international companies and **gain professional experience** before graduation
- **Package includes:** pre-departure orientation and support, CV and interview preparation, dedicated assistance during the internship application and approval process, 24/7 emergency contact, health insurance and Safety App for the duration of the programme, accommodation arrangements, and local support

BLENDED INTERNSHIP

Available in person/online

International experience, with more flexibility.
Cattolica International, in partnership with international provider The Intern Group, offers the opportunity to gain international professional experience through a blended format: the first month is spent interning in person abroad, with a choice of destinations and professional fields, followed by a remote placement with the same company.

Who can apply?

- Open to students and recent graduates from all Faculties, up to 12 months after graduation
- No previous experience in the internship field is required
- B2 level of English required

When to apply?

Applications open in autumn and spring.

When can I go?

There are several start dates throughout the year, depending on the destinations and opportunities available.

Check the Cattolica International website for current dates, destinations and opportunities.

Key Benefits

- **Flexibility:** continue your internship remotely after returning to Italy, making it easier to fit the experience around other commitments
- **Professional continuity:** continue working with the same company, building on the activities and professional relationships developed during your time abroad
- **International experience:** gain professional skills in an international and multicultural environment through an in-person internship abroad
- **Greater accessibility:** spending just one month abroad makes the international experience easier to fit around your studies and other personal or professional commitments
- **Lower costs:** a shorter stay abroad helps reduce living expenses while still giving you the opportunity to gain international professional experience
- **Professional and transferable skills:** develop independence, adaptability, intercultural communication, teamwork and professional skills

DUBLIN: LANGUAGE COURSE + INTERNSHIP

Available in person

*The programme combines an English language course at **Emerald Cultural Institute** in Dublin with an 8-week internship in the student's chosen field.*

Students can choose from the English courses offered by Emerald Cultural Institute and select the professional field for their internship.

Who can apply?

- Open to students and recent graduates from all Faculties, up to 12 months after graduation
- The programme is particularly suitable for students who have not yet reached B2 level in English, which is normally required for internship programmes
- A minimum B1 level of English is required

When to apply?

Applications are open all year round. The application process must be completed at least 8 weeks before the course starts.

When can I go?

English courses start every Monday. The programme lasts a total of 3 months: 1 month of language classes followed by a 2-month internship.

Key Benefits

- **Language course + internship:** combine both in a single programme and experience Dublin as both a student and an intern
- **Flexibility:** there are no fixed dates, so you can choose when to go
- **Academic recognition:** you can request credit recognition for the internship as part of your degree programme
- **Scholarships:** available to all selected students, subject to funding availability. Current amount: €1,100
- **The programme fee includes:** guidance and support during the application process; CV and interview preparation; pre-departure support; assistance with internship activation and credit approval procedures; accommodation in a residence or with a host family; an English course of at least 4 weeks; an in-person professional internship in your chosen field; a 24/7 emergency helpline, health insurance and access to the Safety App for the duration of the programme

MAECI-CRUI INTERNSHIPS

Available in person/remote

The MAECI-CRUI programme, developed in partnership between the Italian Ministry of Foreign Affairs and International Cooperation (MAECI) and the Ministry of University and Research (MUR), offers 3-month internships at Italian Embassies, Diplomatic Missions, Consulates and Italian Cultural Institutes abroad.

Internships are available both in person and remotely.

Who can apply?

- Italian citizens under the age of 29 enrolled in a Master's degree programme
- B2 level of English and a minimum average grade of 27/30 required

When to apply?

The call for applications is published three times each academic year: in January, May and September.

When can I go?

Start dates are in January, May and September.

Key Benefits

- **Academic recognition:** you can request credit recognition for the internship as part of your degree programme
- **Scholarships:** available to all selected students. Current monthly amount: €400
- **In person,** with **remote internships also available** for some destinations
- Gain first-hand insight into the work of **Diplomatic Missions, Consular Offices and Italian Cultural Institutes** by taking part in events, research, studies, analysis and data processing related to the areas covered by each host institution

PRIMARY EDUCATION - INTERNSHIPS AT ITALIAN SCHOOLS ABROAD

Available in person

The programme offers students the opportunity to apply for curricular internships at Italian-language private schools abroad, in both primary and nursery schools, across European and non-European countries.

Who can apply?

The programme is open to students enrolled in the Primary Education degree programme at the Milan, Brescia and Piacenza campuses who need to complete their T1/T2/T3/T4 teaching placement.

When to apply?

Applications open twice a year:
- October: for placements in the first semester of the following academic year.
- March: for placements in the second semester of the following academic year.

When can I go?

Selected students will agree on the dates and duration of their internship with the host school (usually 2 or 3 months).

Key Benefits

- **Full recognition** of the required **teaching placement hours.**
- **No language requirements:** the internship takes place in an Italian-speaking environment.
- **Scholarships** available to all selected students.
- **An intensive, immersive and flexible experience,** thanks to the programme's short duration.
- **Development of key teaching skills,** including managing real multicultural classrooms, adapting teaching methods to bilingual settings, active listening, cultural empathy, problem-solving and adaptability.
- **Mentoring and support** from host schools.

ITALIAN ASSISTANT TEACHER

WAATI

Available in person/remote

*The programme offers the opportunity to apply for a position as an **Italian Language Assistant** in primary, middle and high schools in the **Perth school district (Western Australia).***
Selected participants will support Italian language teachers in their classroom activities.

Who can apply?

The programme is open to current **students and graduates who completed their degree within the past 12 months,** aged **under 30,** from the following Faculties:

- **Linguistic Sciences**
- **Education**
- **Arts and Philosophy**

An **excellent command of English** is required.

When to apply?

There are three intakes each academic year:
- **Winter term:** applications in late **November / early December**
- **Spring term:** applications in **February**
- **Summer term:** applications in **May**

When can I go?

The internship lasts **3 months,** with start dates in **February, April and July.**
It is also **possible** to take part in the programme **remotely.**

Key Benefits

- The opportunity to gain first-hand experience of the **Australian school system.**
- **An active, hands-on role,** directly supporting teaching activities and the preparation of educational materials.
- **Immersion in local life** through accommodation with Australian host families.
- The possibility of having the experience **recognised as a curricular internship.**

ITALIAN ASSISTANT TEACHER

CO.AS.IT. and SAIA

Available in person

*The Language Assistant programmes, run in collaboration with Co.As.It. and SAIA, offer recent graduates the opportunity to **support the teaching of Italian and promote Italian culture,** working alongside local teachers in primary, middle and high schools.*

Co.As.It.** (Comitato Assistenza Italiani) offers opportunities in **Sydney** and **Melbourne,** while **SAIA** (South Australian Italian Association) provides internships in the **Adelaide school district.

Who can apply?

The programme is open to **Italian citizens** who **graduated within the past 12 months,** are **under 30 years old,** and are enrolled in the **Master's programme in Teaching Italian as a Second Language (L2)** and/or hold a **Certification in Teaching Italian as a Foreign Language (L2).**

An **excellent command of English** (minimum B2+ level) is required.

When to apply?

There is **one intake per academic year,** with applications closing in **October/November.**

When can I go?

The internship lasts approximately **9 months,** with start dates **between February and April** (check the individual programme for exact dates).

Key Benefits

- **Long-term professional experience** in teaching Italian abroad.
- The opportunity to **actively contribute to promoting Italian language and culture** in an international setting.
- **Paid experience,** with a more structured and continuous role.
- The possibility of having the experience **recognised as a curricular internship.**

CAREER SERVICE JOB TEASER AND STEP PORTAL

Available in person/remote

JobTeaser is a platform featuring internship and job opportunities in Italy and abroad, regularly updated with vacancies from companies and organisations across a wide range of sectors.

Who can apply?

Open to students and recent graduates from all Faculties, up to 12 months after graduation.

When to apply?

Companies post opportunities throughout the academic year. Applications usually need to be submitted at least one month before the internship start date. Each internship opportunity has its own requirements, set by the individual company, including the internship period, academic background, language skills and whether the internship is remote or in person.

When does the internship take place?

Internship dates vary depending on the individual vacancy and usually last between 3 and 6 months. For curricular internships, you will also need to check the requirements of your degree programme regarding the duration and dates of the internship.

How do I activate my internship?

If you are selected for an internship abroad, whether through JobTeaser or other channels – such as a direct application, direct contact with a company or your personal network – the International Office will support you with the internship activation process through the **STeP portal,** in accordance with the relevant procedures.

Key Benefits

- **Scholarships** are available to support your experience, subject to meeting the requirements set out in the relevant Regulations
- You can request **credit recognition** for the internship as part of your degree programme
- You can **apply for several internship opportunities** at the same time
- You can **take part** in this international experience **more than once**
- **Italian Chambers of Commerce network:** apply for internships at Italian Chambers of Commerce around the world
- **Some** opportunities are also **available remotely**
- **Insurance cover** is provided for the entire duration of the internship

INTERNATIONAL VOLUNTEERING

Available in person

The International Volunteering programme gives you the opportunity to take an active role in cooperation, development and support projects within local communities.

*Destinations in **Asia, Africa and Latin America.***

Who can apply?

Open to students and recent graduates from all Faculties, up to 12 months after graduation.

No previous volunteering experience is required. You just need a good knowledge of English; no language certificate is required.

When to apply?

Applications are open from November to March.

When can I go?

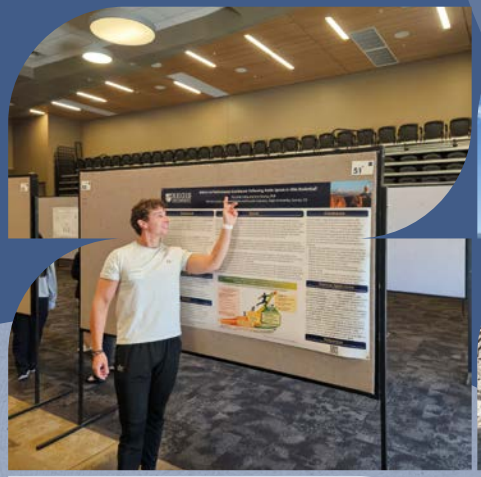
Projects can last 2, 3 or 4 weeks, depending on your preference, with departures in July and August.

Key Benefits

- Depending on your studies or interests, you can **choose the field** in which you would like to volunteer:
  - » Childcare & Teaching
  - » Community & Women's Development
  - » Environmental & Wildlife Conservation
  - » Health Education
  - » Sustainable Agriculture
- **Scholarships** are available based on academic merit
- You can request **academic recognition** of the programme as a **curricular internship**
- **The programme fee includes:** guidance and support during the application process; pre-departure support; a 24/7 emergency helpline during your stay abroad; a local coordinator; airport pick-up on arrival; accommodation; health insurance and access to the Safety App for the duration of the programme; certificate of participation
- International volunteering gives you the opportunity to **challenge yourself** and **enhance your CV** through an authentic and rewarding experience



THESIS ABROAD









THESIS ABROAD

Available in person

The Thesis Abroad programme offers scholarships to support Bachelor's and Master's degree students from all Faculties who have independently identified an opportunity to carry out international research for their thesis.

Who can apply?

Open to Bachelor's and Master's degree students from all Faculties and campuses who are currently working on their thesis.

To apply for the programme, you will need:

- confirmation of your registered thesis topic
- a letter of introduction from your Cattolica thesis supervisor on official letterhead
- a letter of acceptance from the host institution

When to apply?

Applications are open all year round, but must be completed at least one month before the planned programme start date.

When can I go?

There are no fixed dates: you can choose when to go, in agreement with your Cattolica thesis supervisor and the host institution.

Key benefits

- **Flexibility:** there is no predefined list of destinations. In agreement with your Cattolica thesis supervisor, you can choose the destination that best suits your thesis research, such as a university, library, research institute, non-profit organisation or company
- **Quick application process:** the programme can be arranged within a short timeframe, making it possible to include an experience abroad before graduation
- **Scholarships:** funding is available for up to 3 months to all participants, subject to availability. There are no income or academic merit requirements. Current monthly amount: €300

SHORT PROGRAMMES

Faculty-led programmes

International Diplomatic Simulations



FACULTY-LED PROGRAMMES

Available in person/online

Faculty-led programmes offer an intensive and flexible learning experience abroad, led by a lecturer from your university.

Who can apply?
Students enrolled in specific Bachelor's or Master's degree programmes for which a faculty-led programme is available.

When to apply and when can I go?
Programme dates vary depending on the destination.

Key benefits
- **Highly targeted** and **well-structured** programmes
- **Fully integrated** into the academic curriculum
- Opportunity to **explore in depth** topics covered during your studies
- Classroom sessions enriched with complementary activities such as **company visits, workshops, and cultural initiatives**
- Possibility to have **credits officially recognised** and access scholarships

Check the dedicated section of the website to find out which programmes are available for your degree programme.

INTERNATIONAL DIPLOMATIC SIMULATIONS

Available in person

United Nations simulations give students the opportunity to take on the role of a country delegate and engage with participants from around the world on international politics and current affairs. The programmes are preceded by online and/or in-person training.

Who can apply?
Students interested in gaining a deeper understanding of how international organisations work and developing skills for their academic and professional careers.

When to apply?
The programme runs several times throughout the year. Places are limited, so early registration is recommended.

Applications must be submitted directly through the official websites of the partner associations: MUN Italia and Associazione Diplomatici.

When can I go?
The programme takes place in various cities across Europe and the United States. Up-to-date dates and destinations are available on the official website.

Key benefits
- Gain first-hand insight into **how the United Nations works**
- **Develop transferable skills:** public speaking, negotiation, teamwork and problem-solving
- **Strengthen technical skills:** research, analysis and academic writing
- **Gain an immersive experience** in an international environment

VIRTUAL PROGRAMMES

Virtual Internship

COIL



VIRTUAL INTERNSHIP

This programme offers the opportunity to carry out an international internship entirely remotely, with small and medium-sized enterprises or multinational companies, selected according to the student's area of interest and preferred destination.

Who can apply?
- Open to all students and recent graduates (up to 12 months after graduation) from all Faculties.
- B2 level of English required
- No previous work experience in the chosen field is required

When to apply?
Applications are always open. Application must be completed at least 8 weeks before the chosen start date.

Start dates?
There are two internship start dates each month, and students can choose the one that suits them best.

Key benefits
- **Total flexibility:** complete your entire internship remotely, aligning it with your academic schedule and career goals
- **Tailored to you:** full-time or part-time options, lasting 1 to 3 months, with a weekly commitment of 10 to 40 hours
- **Accessible to everyone:** ideal for those unable to travel for financial or personal reasons, while still offering a valuable international experience
- **Future-ready skills:** develop employability skills (problem-solving, adaptability, leadership) and intercultural competences highly valued in today's job market
- **Relevant and innovative experience:** gain skills related to new ways of working increasingly used by international companies
- **No bureaucracy:** collaborate with companies worldwide without additional paperwork or extra costs
- **Academic value:** credits can be recognised as a curricular internship

COIL
Collaborative Online International Learning

COIL programmes are virtual exchange initiatives that connect Cattolica students with students from partner universities abroad.

They offer the opportunity to internationalise your curriculum by joining an international classroom and experiencing meaningful intercultural exchange as part of your degree.

Who can apply?
Available to students from specific Faculties and degree programmes, and delivered in English.

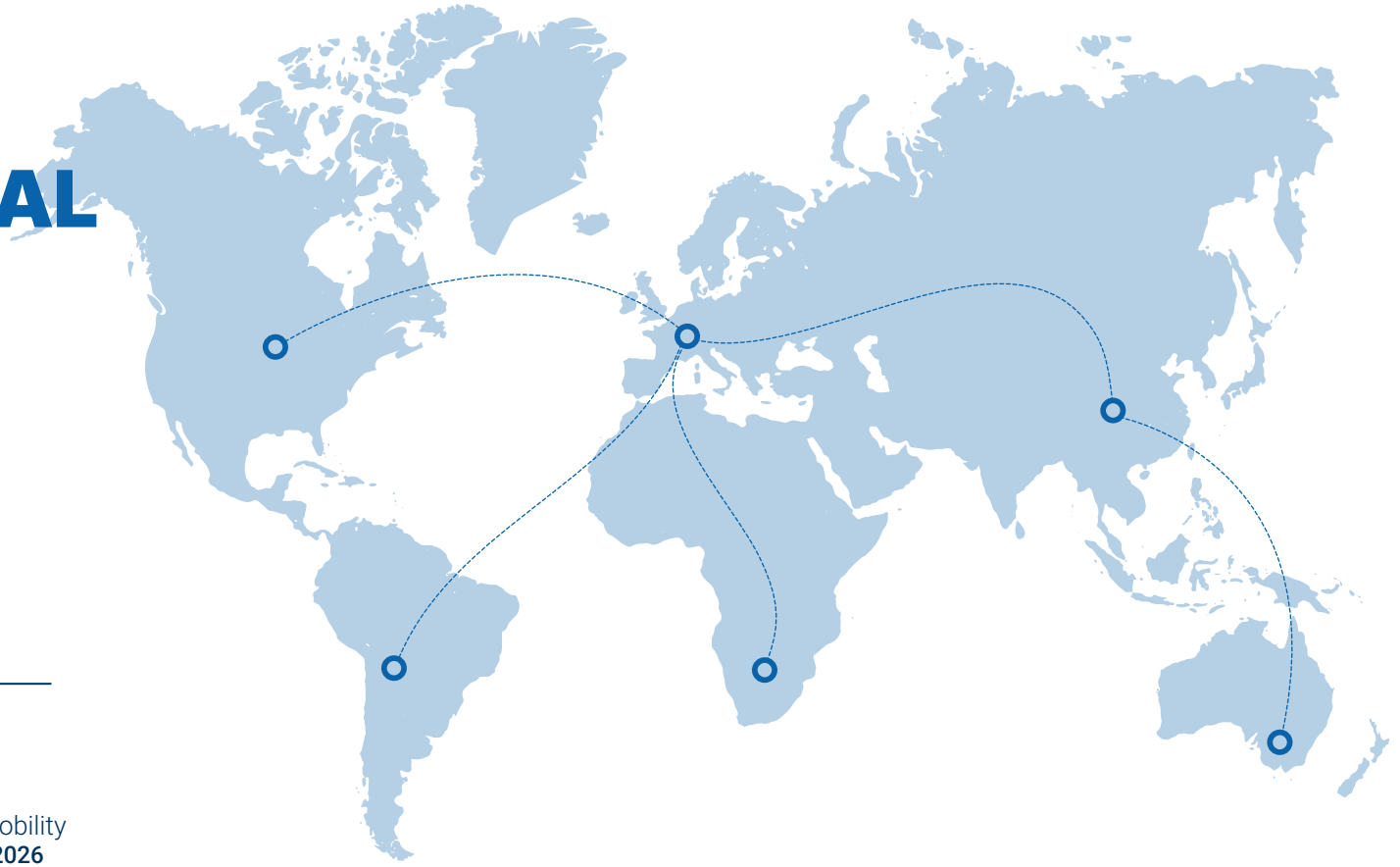
No minimum GPA or formal language certificate is required, although a good knowledge of English is recommended.

When to apply?
Applications open from October. Please note that deadlines vary depending on the programme.

Programme duration?
COIL programmes run during the first or second semester, for a duration of 4 to 10 weeks.

Key benefits
- **Boost your soft skills:** intercultural skills are among the most sought-after in today's job market
- **Inclusive:** internationalise your CV without the need to travel abroad
- **Gradual approach:** get closer to a new country, culture, and language step by step, before experiencing them in person
- **Credit recognition:** programmes are Faculty-approved and can award ECTS credits

AN INTERNATIONAL NETWORK OF OPPORTUNITIES



Study, internship and **volunteering abroad programmes** to add an international dimension to your academic journey.

#1

IN ITALY
for inbound and outbound mobility
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500+
DESTINATIONS
worldwide

30
MOBILITY PROGRAMMES
semester/year-long

80
SHORT-TERM PROGRAMMES
from 1 to 12 weeks

10
ONLINE PROGRAMMES
wherever you are

350+
AGREEMENTS WITH ERASMUS+ UNIVERSITIES
across Europe

120+
AGREEMENTS WITH OVERSEAS UNIVERSITIES
worldwide

**Data refer to international mobility programmes for students and recent graduates.*

Discover all destinations and programmes at **goabroad.unicatt.it**

DESTINATIONS AVAILABLE FOR YOUR FACULTY

The destinations listed on the following pages are subject to change, additions or cancellations. Check the website for the latest list of available destinations.

SEMESTER ABROAD

Exchange (Erasmus+ Overseas)

Australia
- Deakin University

Brazil
- Universidade Federal de Santa Catarina - Florianopolis

Chile
- Universidad de Playa Ancha de Ciencias de la Educacion

Croatia
- University of Zagreb

Finland
- University of Eastern Finland - Joensuu
- University of Lapland

France
- Institut Catholique de Paris – CFP Mounier
- Université Catholique de l'Ouest - Angers
- Université de Nice-Sophia Antipolis
- Université Lumière – Lyon II
- Université Tolouse Jean Jaures

Germany
- Katholische Universität Eichstätt - Ingolstadt

Greece
- Aristotle University of Thessaloniki
- University of Aegean

Hungary
- Eötvös Loránd University - Budapest

Mexico
- Universidad Panamericana - Guadalajara

Norway
- Western Norway University of Applied Sciences

Poland
- Cardinal Stefan Wyszynski University in Warsaw
- Jagiellonian University Krakow
- Jan Kochanowski University of Kielce
- Jesuit University Ignatianum in Krakow
- The John Paul II Catholic University of Lublin
- University of Warsaw

Portugal
- Universidade de Coimbra

Slovakia
- Catholic University in Ruzomberok

Spain
- Universidad Autónoma de Madrid
- Universidad Catolica de Valencia S. Vicente Martir
- Universidad de Granada - Escuela de Magisterio "La Inmaculada"
- Universidad de Huelva
- Universidad de Las Palmas de Gran Canaria
- Universidad de Navarra
- Universidad de Oviedo
- Universidad de Salamanca
- Universidad de Valladolid
- Universidad de Zaragoza
- Universidad Pontificia Comillas – Madrid
- Universitat de Barcelona
- Universitat Ramon Llull – Blanquerna/Barcelona

Switzerland
- Université de Genève

Sport Science:

Bulgaria
- National Sports Academy Vasil Levski - Sofia

Spain
- Universidad Autónoma de Madrid
- Universidad Catolica San Antonio de Murcia
- Universidad Europea Miguel de Cervantes - Valladolid
- Universitat Ramon Llull – Blanquerna/Barcelona

SEMESTER ABROAD
Study Abroad

Australia
- Royal Melbourne Institute of Technology
- University Of Technology Sydney
- University of Western Australia

Canada
- University of Toronto

China
- Fudan University (Shanghai)

France
- Paris School of Business

Ireland
- University College Dublin

South Korea
- Hanyang University (Seoul)
- Korea University (Seoul)

Spain
- CUNEF Universidad Madrid
- EAE Business School Barcelona

United Kingdom
- Regent's University London
- University of Birmingham
- University of St Andrews
- University of the Arts, London

United States of America
- Boston University
- Harvard University - online certificates
- Pace University - New York
- San Diego State University
- University of California Berkeley
- University of California Davis
- University of California Irvine
- University of California Los Angeles
- University of Minnesota (Minneapolis)
- University of Pennsylvania

SEMESTER ABROAD
ISEP Exchange

To discover the destinations, scan or click the QR code:

SUMMER PROGRAMMES

China
- Fudan University (Shanghai)

Denmark
- Copenhagen Business School (Copenhagen)

France
- Paris School of Business (Paris)

Hong Kong
- The University of Hong Kong (Hong Kong)

South Korea
- Hanyang University (Seoul)

Spain
- ESADE (Barcelona)
- IE Madrid (Madrid)

United Kingdom
- King's College London (London)
- London School Of Economics (London)
- University College London (London)

United States of America
- Boston University (Boston)
- Fordham University (New York)
- Harvard University (Cambridge)
- Stanford University (Palo Alto)
- UC Berkeley (Berkeley)
- UCLA (Los Angeles)

CUSTOMISED INTERNSHIP

Australia
- Melbourne

China
- Shanghai

Colombia
- Medellin

Denmark
- Copenhagen

France
- Paris

Hong Kong
- Hong Kong

Ireland
- Dublin

Japan
- Tokyo

Portugal
- Lisbon

South Korea
- Seoul

Spain
- Barcelona
- Madrid

Sweden
- Stockholm

United Kingdom
- London

United States of America
- New York

INTERNATIONAL VOLUNTEERING

Costa Rica
- Atenas

Indonesia
- Bali, Nusa Penida

Kenya
- Nakuru

Madagascar
- Nosy Be

Peru
- Cusco

South Africa
- Kruger Park

Sri Lanka
- Kandy

Tanzania
- Arusha
- Zanzibar

Thailand
- Bangkok

Vietnam
- Ho Chi Minh

PRIMARY EDUCATION - INTERNSHIPS AT ITALIAN SCHOOLS ABROAD

Albania
- Scuola Italiana di Tirana

Argentina
- Scuola "Alessandro Manzoni" sede di Olivos e di Villa Adelina
- Scuola "Edmondo de Amicis" sede di Buenos Aires

Brazil
- Scuola Italiana "Eugenio Montale" di Sao Paolo

Chile
- Scuola Italiana "Arturo dell'Oro" sede di Valparaiso e di Viña del Mar

Greece
- Scuola dell'infanzia di Atene

Romania
- Scuola Italiana Internazionale "Aldo Moro" di Bucarest

Spain
- Scuola dell'infanzia "Maria Montessori" di Barcellona
- Scuola materna italiana di Madrid

Switzerland
- Istituto "Leonardo da Vinci" di Lugano

United States of America
- La Scuola International School di San Francisco

Uruguay
- Scuola Italiana di Montevideo

ITALIAN ASSISTANT TEACHER

- Adelaide
- Perth District
- Melbourne
- Sydney

#WORLDBOUNDERS









PROSSIMA FERMATA

Listen to our Worldbounders' stories on the "Prossima Fermata" podcast.











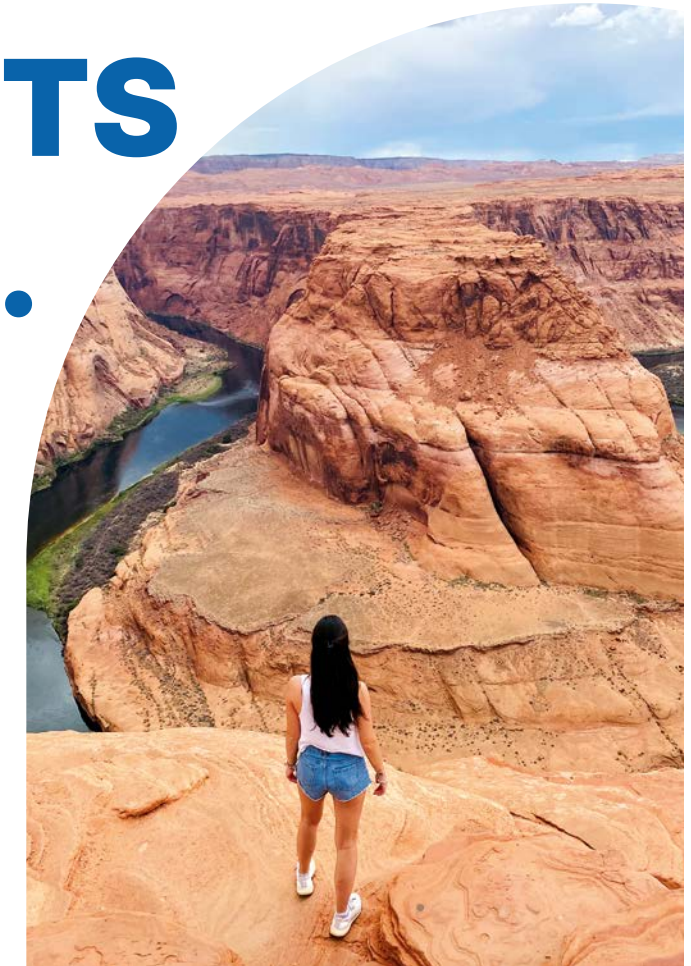




YOUR NEXT JOURNEY STARTS HERE.

Discover the stories of students who have already been abroad and get inspired!







FILIPPO
Summer Programme
UCLA, Los Angeles

"I had always dreamed of experiencing American college life, and the Summer Programme made it possible. Classes were inclusive and interactive, with group projects, practical activities and direct contact with lecturers. Campus life felt like a movie. Going abroad on my own was one of the best choices I made: it made me more independent, confident and curious, while quickly improving my English."



LEONARDO
International Volunteering
Cusco, Peru

"Volunteering at an animal rescue centre in the Andes is certainly not something you get to experience every day. I had the opportunity to work in the field, improve my Spanish and live with a local family. It was a very direct way to get to know Peru, not just as a tourist, but by truly coming into contact with the people, the culture and everyday life there."



GIADA
Customised Internship
Shanghai

"Living and working in Shanghai was an extraordinary experience. The internship allowed me to grow professionally and gain practical experience in a company, while networking events and cultural activities helped me build an international network. I discovered a completely different culture, stepped out of my comfort zone and developed dynamic and valuable skills for my career."



JACOPO
Summer Programme
ESADE, Barcelona

"I chose to take part in ESADE's Summer Programme because I was looking for a solid international experience, but one that was shorter than an Erasmus exchange. It's an experience I'll always carry with me, because of the people I met, the classes and the professors. It gave me knowledge, skills and, above all, strong connections. If I could give myself one piece of advice before leaving? Don't overthink it: take the leap and go. It's worth it."



CATERINA
Summer Programme
UCL, London

"I chose the Summer Programme at UCL because I wanted to gain experience abroad and engage with international students in the medical field. I was really impressed by both the academic offering and the number of events organised. But the most valuable part was the relationships I built: sharing dreams, aspirations, insecurities and passions with people from all over the world deeply enriched me on a personal level too."



MARTINA
Double Degree
Fordham University, New York

"I chose the Double Degree because I wanted to combine the strong academic foundation I gained at Cattolica with international experience, essential for anyone pursuing a career in a global field like finance. In New York, I found a very practical approach, with group work, business cases, presentations and constant interaction with lecturers and international students. This experience taught me to be more proactive, communicate with greater confidence and approach new situations with self-assurance. Looking back, I can say that this choice profoundly shaped my path and opened the door to many of the opportunities that followed."

Cattolica International

Milan
Via Carducci, 28/30, third floor
Tel: 02 7234 5252
@: info.outbound@unicatt.it

Brescia
Via Trieste 17, first floor, east wing
Tel: 030 2406 250
@: ucsc.international-bs@unicatt.it

Piacenza
Via E. Parmense 84, ground floor
Tel: 0523 599 107
@: programmi.internazionali-pc@unicatt.it

Cremona
Via Bissolati 74, first floor of Magazzino Carri
Tel: 0523 599 107
@: programmi.internazionali-pc@unicatt.it

Rome
Biological Institutes – Room 231, ground floor
Tel: 06 3015 5819
@: ucsc.international-rm@unicatt.it

@cattolica.international

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